

ALEXIA PAPAGEORGIU, BA, MSc, PhD  
University of Nicosia Medical School  
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## **PERSONAL PROFILE**

I have been working for about twenty years in the academic sector of clinical communication. This is a new branch of medical education which aims to promote patient-centred care. In addition, my research covers the areas of clinical communication, medical education, health psychology (how to motivate people to engage in health behaviours and maintain behaviour change) and advance statements of people who can no longer make decisions in medicine and psychiatry. My research work has been published in international conference proceedings and refereed academic journals, plus books and book chapters. As a person and an academic I am passionate about developing my field and empowering people to achieve their full potential. In terms of developing my field, I have designed and implemented new clinical communication curricula for undergraduate and graduate medical degrees in the UK, Greece and Cyprus. I have also offered consultancy services to Universities, Hospitals and health care professionals in the form of face-to-face and group training. Before entering academia, I worked with users of psychiatric services in the community and psychiatric hospitals.

## **EDUCATION**

*PhD in Psychiatry (2006)* Royal Free & University College Medical School, Department of Psychiatry and Behavioural Sciences, London, UK

*Certificate in Health Research Methods (2008)*, Clinical Research Network, Royal Free & University College Medical School

*MSc in Health Psychology (1996)* City University, London, UK

*TEFL (1993)* The British Council, Athens

*BA in Psychology (1992)* The American College, Athens, Greece

## **PROFESSIONAL MEMBERSHIPS**

*Professional Certificate in Teaching and Learning in Higher Education (PATHE) (2003)*, Institute of Education, University of London

*Fellow of the Higher Education Academy (Practitioner Reference: 29141)*

Member of the European Association of Communication in Health Care

I am currently enrolled with the International Coach Academy and I am working towards my ICF (International Coach Federation) certificate

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## **CURRENT EMPLOYMENT**

*Professor in Clinical Communication (F/T, Tenure) 2011-currently*

St George's University of London Medical School at University of Nicosia

## **DUTIES AND RESPONSIBILITIES**

### **Research Related**

#### **PhD Primary Supervisor**

*Maria Perdikogianni:* Clinical Communication between health care professional -parent/carer and pre-adolescent and adolescent individuals with diabetes in Cyprus. UNic. The student is in her 2nd year of study and has just got all the ethics approvals in place in order to start data collection.

*Anna Polyniki:* Intercultural Communication in a Psychiatric Setting: the Challenges of Using Ad hoc Interpreters for Medical Students. Registered with St George's University of London, October 2015.

As a member of the research committee I have been actively involved in the design of our PhD programme in Health Science Research which will begin in September 2016.

#### **Active Research Projects**

I have designed and I carried out a longitudinal research project on medical student changes of empathy during their undergraduate training at UEA. The data collection for this project has finished and we are at the stage of statistical analysis and writing up.

I have applied for the MARIE SKŁODOWSKA-CURIE ACTIONS Individual Fellowships (IF) Call: H2020-MSCA-IF-2015 to bring over to Cyprus a Post-Doc student. The title of the proposal is: "Expatriates to Cyprus: Are they motivated to change diet and health?"

#### **Future Research Interests**

I am currently liaising with academics in Cyprus, Greece, Holland and the UK in order to create research infrastructure appropriate for clinical communication and social sciences research in medicine. My vision is for UNic to become a research centre for clinical communication research such as the use of interpreters in medical education. For example, the majority of our medical students are non-Cypriots who don't speak Greek. When they go to hospitals we have to use interpreters to help the students' learning.

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Changes in students' empathy is another area I am interested in as it is the preparedness for practice of newly qualified doctors.

Other research interests of mine include clinical communication teaching in psychiatry and its effect on patient outcomes such as treatment concordance.

In addition, I have written research proposals and continue to be interested in maintenance of weight loss in adults who suffer from chronic illnesses such as diabetes and heart conditions and other health behaviour changes.

### **Leadership and Administration**

Theme lead for patient and doctor component of the MBBS4 (Graduate Entry); Clinical communication lead; and Psychology lead. All of these require liaising with UK counterparts; reviewing the teaching material; liaising with administrative staff and the rest of the faculty.

Theme lead for the Integrated Clinical Communication and Clinical Skills Course for MD6 (School Leaver Entry). This involves designing new course material and its assessment, delivering the teaching and being responsible for the QA of teaching, student learning and assessment.

Module co-ordinator for the Clinical Communication course of the MSc in Family medicine. This is a brand new E-Learning module for distant learners using the Moodle platform.

Responsible OSCE examiner for MBBS4, MD6, MSc Family Medicine. This involves both the administrative components of blueprinting the OSCEs, writing stations, finding other appropriate OSCE writers and training them, reviewing the stations, setting up the exams and dealing with QA matters such as Simulated Patient (SP) training and standardisation, internal examiner feedback, student feedback, external examiner feedback, GMC and RCGP accreditation.

Responsible for writing, reviewing and commissioning SBAs and SAQs for the psychology teaching.

I serve the Assessment Committee, SSMs and Research Committee, Faculty Affairs, MBBS, MD6 & MSc FM course Committees.

Responsible for the management of two academic members of the faculty and a number of sessional tutors and SPs.

In terms of enterprise and engagement with the public and the private sector, I have run a number of courses on clinical communication for the Nicosia General Hospital and Ygia Polyclinic Private Hospital in Cyprus.

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### **Teaching**

Working in collaboration with our UK counterparts for the review, design and delivery of the clinical communication course. I undertake the training for Sessional Tutors and Simulated Patients (SPs) and examiner training for writing up exam questions for psychology and OSCE stations.

Delivering staff development training to clinical and academic colleagues as part of the St George's PGCERT in Healthcare & Biomedical Education.

Teaching clinical communication for all three programmes (MBBS4, MD6, MSc FM)

Designed an E-learning clinical communication module for distant learners. The learners are qualified physicians with a minimum of five years work experience after their graduation.

Teaching psychology lectures for the MBBS4.

Personal tutor for undergraduate and postgraduate students.

Supervisor of four Postgraduate Certificate Students (PGCERT in Healthcare & Biomedical Education St George's, University of London)

I received the ERASMUS+ Staff Mobility Award for 2014-15 and 2015-16 (Teaching and Training)

### **PREVIOUS EMPLOYMENT**

**April 2003- July 2011** *Consultation Skills Lecturer and Course Co-ordinator* (ATR Contract, F/T Permanent Position) Norwich Medical School, UEA

### **Research Related**

#### **Primary Supervisor of PhD Students**

*Michelle Fromage*: Newly qualified doctors' and patients' perspectives on the experience of the consultation. UEA, Successfully Completed in 2014.

#### **Research Projects**

Lead researcher for longitudinal research project on medical student changes of empathy during their undergraduate training at UEA. See previous section for more details.

### **Grants Held**

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*Funder: RfPB* Value of Grant: £247,544 (Re: PB-PG-0808-17193) Start date: 01/10/2010 End date: 30/09/2012 Project title: FY1 Doctors - Prepared to Practice? Collaborators: Prof Leinster (PI), Dr Miles, Dr Papageorgiou et al.

I was a core member of the team who wrote the grant, assisted in the writing of ethics' application and defended the ethics application in ethics' meetings along with Dr Susan Miles. I supervised one of the studies and led the writing of one of the published papers following the successful completion of the study.

*Funder: Parkinson's disease Society UK* (Ref: K-0824) Value of Grant: £4,995 Start date: 01/06/2009 End date: 31/03/2010 Project title: A mixed method investigation into the information needs of people with Parkinson's Disease at diagnosis: Phase 1 of research programme. Collaborators: Dr Papageorgiou (PI), Dr Worth, Dr Salter, et al.

I was the principal investigator of the study and had an active part in writing the proposal, supervising data collection and writing the final reports to Parkinson's disease Society.

### **Leadership and Administration**

Norwich Medical School, accepted its first cohort of medical students in 2012-13. I was employed to design and deliver the consultation skills course for the undergraduate medical degree (MB/BS) and the MSc in Health Sciences which involved the direct management of a team of lecturers and a larger pool of tutors.

Designed and monitored the evaluation & assessment of the course (OSCEs, SAQs).

Trained consultation skill tutors as part of the MBBS staff development programme.

Run a number of communication skills courses for researchers, GPs, SPRs and other health care professionals as part of the Enterprise & Engagement UEA office.

Acted as Deputy Senior Advisor to students and supervised a number of PGCERT colleagues.

### **Teaching**

During my time at UEA, I taught consultation skills to undergraduate medical students and the MSc in Health Sciences students. I also taught psychology and a number of topics in psychiatry such as the effectiveness of psychiatric advance statements.

### **Other work experience**

**2000-2003** *Research Fellow* (P/T) Department of Primary Care & Population Sciences, UCL

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**2000-2003** *Lecturer in Social Psychology (P/T)* Department of Psychology, Birkbeck College, London University

**1997-2000** *Research Fellow (P/T)* Department of Psychiatry & Behavioural Sciences Royal Free and University College Medical School (RF & UCMS)

**1995-1997** *Project Manager (F/T)* Residential House for Users of Psychiatric Services, Community Housing and Therapy (CHT), London

**1994-1995** *Project Worker (F/T)* Residential House for Chronically Mentally Ill, Community Housing and Therapy (CHT), London

**1992-1994** *Assistant Psychologist (Voluntary work)* Eginition Hospital, Medical School, University of Athens.

## **PUBLICATIONS**

### **Books**

Brown J, Noble L, **Papageorgiou A**, Kidd J. (editors) (2016) *Clinical Communication in Medicine*. Wiley-Blackwell Publishing Limited, UK.

**Papageorgiou A**, McCrorie P, Georgiades S, Perdikogianni M. (editors) (2015) *Psychology for Psychologists. A Problem Based Approach to Undergraduate Psychology*. Palgrave Macmillan, UK.

Coll X, **Papageorgiou A**, Stanley A, Tarbuck A. (editors). (2012). *Communication Skills in Mental Health Care: An Introduction*. Radcliffe Publishing, UK.

### **Book Chapters**

Jennings B, **A Papageorgiou**. The Holistic Curriculum: Balancing Basic and Psychosocial Sciences with Clinical Practice. In: Cavenagh P et al, editors. *The Changing Face of Medical Education*. Oxford: Radcliffe Publishing; 2011 (pp.65-77).

### **Peer Reviewed Papers**

**Papageorgiou A**, Loke YK, Fromage M. Communication skills training for mental health professionals working with people with severe mental illness. *Cochrane Database of Systematic Reviews* 2017, Issue 6. Art. No.: CD010006

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Shea S, Samoutis G, Wynyard R, Samoutis A, Lionis C, Anastasiou A, Araujo A, **Papageorgiou A** and Papadopoulos R. Encouraging compassion through teaching and learning: a case study in Cyprus. *Journal of Compassionate Health Care*. **2016** 3:10.

Kellett J, **Papageorgiou A**, Cavenagh P, Salter C, Miles S, and Leinster SJ. The preparedness of newly qualified doctors – Views of Foundation doctors and supervisors. *Medical Teacher*. **2015**; 37: 949–954

Affendi I, Loke YK, Smith JR, **Papageorgiou A** & Hunter PR. Mediation effects of self-efficacy dimensions in the relationship between knowledge of dengue and dengue preventive behaviour with respect to control of dengue outbreaks: A structural equation model of a cross-sectional survey. *PLOS Neglected Tropical Diseases*. **2013**; 7(9) e2401.

**Papageorgiou A**, Miles S, Fromage M, Kemmy J, and Leinster SJ. Evaluation of a longitudinal consultation skills course at a new UK medical school. *BMC Medical Education*. **2011**; 11(55).

Thurlow C, **Papageorgiou A**, Armon, K. Parents' perceptions of how their child's diagnosis of a chronic medical condition was communicated. Abstracts from the Paediatric Research Society and the Academic Paediatrics Association (GBI). *Paediatrics and Child Health*. **2010**; 20:3 e146-e147 doi:10.1016/j.paed.2009.06.006.

Owen J, **Papageorgiou A**.; The lived experience of stigmatisation in patients after stoma reversal. *Gastrointestinal Nursing*. **2008**; 6(4):26-33.

Cahill P, **Papageorgiou A**. Video analysis of communication in paediatric consultations in primary care. *British Journal of General Practice*. **2007**;57(544): 866-871.

Cahill P, **Papageorgiou A**. Triadic communication in the primary care paediatric consultation: a review of the literature. *British Journal of General Practice*. **2007**; 57(544): 904-911.

Leavey G, **Papageorgiou A**, Papadopoulos C. Patient and staff perspectives on single-sex accommodation. *Journal of Health Management*. **2006**; 8(1):79-90.

Qureshi N, Bethea J, Modell B, Brennan P, **Papageorgiou A**, et al. Collecting genetic information in primary care: evaluating a new family history tool. *Family Practice* **2005**; 22(6): 663-669.

**Papageorgiou A**, Janmohamed A, King M, Davidson O, & Dawson J. Advance directives for patients compulsorily admitted to hospital with serious mental disorders: Directive content and feedback from patients and professionals. *Journal of Mental Health*. **2004**; 13(4): 379-388.



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**Papageorgiou A**, King M, Janmohamed A, Davidson O, & Dawson J. Advance directives for patients compulsorily admitted to hospital with serious mental illness. The British Journal of Psychiatry. **2002**; 181: 513-519.

Dawson J, King M, **Papageorgiou A**, & Davidson O. Legal pitfalls of psychiatric research. The British Journal of Psychiatry. **2001**;178: 67-70.

## REFEREES

**Sam Leinster**, Emeritus Professor, Norwich Medical School, UK [s.leinster@uea.ac.uk](mailto:s.leinster@uea.ac.uk)

**Peter McCrorie**, Professor of Medical Education, Dean for Medical Education, University of Nicosia, Cyprus, [mccrorie@sgul.ac.uk](mailto:mccrorie@sgul.ac.uk)

**Jo Brown**, Reader in Medical Education, Centre for Clinical Education, St George's, University of London, [jbrown@sgul.ac.uk](mailto:jbrown@sgul.ac.uk)

## CONFERENCE PRESENTATIONS

*EACH* (<http://www.each.eu>) International conference on communication in health care 7-10 September 2016, Heidelberg, Germany. **Poster:** Does Medical Students' Empathy Change During Their Five Year MB BS Degree? Alexia Papageorgiou, Susan Miles, Michelle Fromage. **Symposium:** Challenges in Collaborative Research in Europe and Beyond. Anne Moorhead & Alexia Papageorgiou. **Workshop:** The Last Taboo? Essential Skills for teaching undergraduate students 'Mental Health Matters'. Sandra Winterburn, Jon Wilson, Alexia Papageorgiou.

*EACH* (<http://www.each.eu>) International conference on communication in health care 28/9/14-1/10/14, Amsterdam, Netherlands. **Identifying issues relating to the performance of newly qualified doctors during the early transition from medical student to F1. A Papageorgiou\*** University of Nicosia-Cyprus, Joanne Kellett Norfolk and Norwich University Hospital-UK, Penny Cavenagh University Campus Suffolk-UK, Charlotte Salter, Susan Miles, Sam J Leinster University of East Anglia-UK.

*EACH* (<http://www.each-conference.com/>) International conference on communication in health care 4-7 September 2012, University of St Andrews, Scotland, UK. **Consultation skills of newly graduated doctors: Perceptions of the doctors and their patients.** Michelle Fromage<sup>1</sup>, **Dr Alexia Papageorgiou**<sup>2</sup> and Dr Susan Miles<sup>1</sup>, <sup>1</sup>University of East Anglia, <sup>2</sup>University of Nicosia



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*EACH* (<http://www.each-conference.com/>) International conference on communication in health care 4-7 September 2012, University of St Andrews, Scotland, UK. **Perceptions of mental health care professionals, users of psychiatric services and advocates with regards to the best use of advance statements in community mental health services. A**

**Papageorgiou<sup>1\*</sup>** University of Nicosia- Cyprus, H Cox<sup>2</sup>, Z Gates<sup>2</sup>, University of East Anglia, UK, Mark Banham<sup>3</sup>, Jennifer Harris<sup>3</sup>, Poornima Chandrappa<sup>3</sup> Norfolk and Suffolk NHS Foundation Trust, UK, L Toulouse<sup>4</sup> Royal Berkshire NHS Foundation Trust, UK.

International Conference on Communication in Healthcare, European Association for Communication in Healthcare. Verona, Italy, 5-8 Sep 2010. Thurlow C, **Papageorgiou A. A comparison of final year undergraduate medical students' experiences of psychiatric and emergency care communication skills teaching.** Thurlow C, **Papageorgiou A. Undergraduate medical students' experience of communication skills teaching in psychiatric assessment using the Calgary-Cambridge model.**

**International Conference on Communication in Healthcare October 4-8 Oct 2009, Miami, Florida, USA. The Calgary-Cambridge model and the mental health status exam at UEA. Dr Alexia Papageorgiou.** Faculty of Health, UEA, UK.

<http://www.aachonline.org/programs/internationalconference/>

European Human Genetics Conference 23-26 May 2009, Vienna, Austria. **The impact of current motivational behaviours on the future of genetic medicine and research. A systematic literature review.** Dhorajiwala BS, Keane M, Jennings B, **Papageorgiou A.** University of East Anglia, Norwich NR7 0HJ,UK.

Joint meeting of the academic paediatrics association and paediatric research society, Institute of Child Health, London 23 April 2009. **Parents' perceptions of how their child's diagnosis of a chronic medical condition was communicated.** Caroline Thurlow<sup>1</sup>, **Alexia Papageorgiou<sup>1</sup>**, Kate Armon<sup>2</sup> <sup>1</sup>School of Medicine, University of East Anglia, <sup>2</sup>Norfolk and Norwich University Hospital.

*EACH* (<http://www.each-conference.com/poster.htm>) International conference on communication in health care, 2-5 September 2008, Oslo, Norway. **What do parents who have come to terms with their child's chronic medical condition feel about the way the diagnosis was communicated to them?** Caroline Thurlow, **Alexia Papageorgiou**, University of East Anglia, Norwich NR7 0HJ,UK.

*EACH* (<http://www.each-conference.com/poster.htm>) International conference on communication in health care, 2-5 September 2008, Oslo, Norway. **Consultation skills teaching at UEA. The students' experience.** **Dr Alexia Papageorgiou** University of East Anglia, Norwich NR7 0HJ,UK.

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Personal Website: <http://alexiapapageorgiou.com>

**International Conference on Communication in Healthcare** October 9-12, 2007, Charleston, South Carolina, USA. **Does consultation skills teaching at UEA meet its teaching objectives? Quantitative and content analysis of students' evaluation during 2005-6. Dr Alexia Papageorgiou et al.** University of East Anglia, Norwich NR7 0HJ,UK.  
<http://www.aachonline.org/programs/internationalconference/>

EACH (<http://www.each-conference.com/poster.htm>) International conference on communication in health care, 5-8 September 2006, Basel, Switzerland. **Do health professionals perform better than school leavers and other mature medical students on consultation skills OSCEs?** Prof Sam Leinster, **Dr Alexia Papageorgiou** University of East Anglia, Norwich NR7 0HJ,UK.

**International Conference on Communication in Healthcare 5-8 October 2005**  
**Northwestern University Feinberg School of Medicine, Chicago, USA. Integration of the Calgary/Cambridge model within a Problem Based Learning undergraduate medical curriculum. The students' perspective. Alexia Papageorgiou** University of East Anglia, Norwich NR7 0HJ,UK. [http://www.pcm.northwestern.edu/net\\_conf/icch05.htm](http://www.pcm.northwestern.edu/net_conf/icch05.htm).

International Conference on Communication in Healthcare 2004, 14-17 September 2004, Bruges, Belgium. **Evaluation of advance directives in psychiatric care. Alexia Papageorgiou** University of East Anglia, Norwich NR7 0HJ,UK.

COMET, 2<sup>nd</sup> Interdisciplinary Conference on COMMUNICATION, MEDICINE & ETHICS, 3-5 JUNE 2004. Linköping University, Sweden. **Evaluation of advance directives in psychiatric care. Alexia Papageorgiou** University of East Anglia, Norwich NR7 0HJ,UK.