

Academic Personnel Short Profile / Short CV

University:	University of Nicosia
Surname:	Constantinou
Name:	Constantina
Rank/Position:	Professor in Molecular Cancer Biology
Faculty:	Medical School
Department:	Basic and Clinical Sciences
Scientific Domain: *	Molecular Cancer Biology

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
Postgraduate Certificate in Learning and Teaching in Higher Education	2012	University of Hertfordshire, Hertfordshire, UK	N/A	N/A
PhD in Biochemistry	2005	St. George's, University of London (previously known as St. George's Hospital Medical School), London, UK	Research Laboratory: Translational Control Group, Molecular and Metabolic Signalling Centre, Division of Basic Medical Sciences. Project Supervisor: Prof. Michael J. Clemens.	Thesis title: Regulation of translation by p53.
MSc in General and Medical Microbiology with Distinction	1998	MSc in General and Medical Microbiology with Distinction	Project supervisor: Dr John Holton.	Research project title: Development of a selective growth medium for the isolation of <i>Helicobacter pylori</i> from the oral cavity.
Cornell University, College of Arts and Sciences, Ithaca, NY, USA	1997	Bachelor's Degree in Biological Sciences with Distinction in all subjects (concentration in Microbiology)	N/A	N/A

American Academy, Nicosia Cyprus	1993	American Academy Diploma with Highest Honours	N/A	N/A
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Employment history in Academic Institutions/Research Centers – List by the three (3) most recent				
Period of employment		Employer	Location	Position
From	To			
7/2023	Current	University of Nicosia Medical School	Nicosia, Cyprus	Professor of Molecular (Cancer) Biology at the Department of Basic and Clinical Sciences
10/2011	6/2023	University of Nicosia Medical School	Nicosia, Cyprus	Associate Professor of Molecular (Cancer) Biology at the Department of Basic and Clinical Sciences
7/2020	12/2022	University of Nicosia Medical School	Nicosia, Cyprus	Associate Dean for Research
3/2019	12/2022	University of Nicosia Medical School	Nicosia, Cyprus	Director of the <i>PhD Programme in Medical Sciences</i>
3/2019	6/2020	University of Nicosia Medical School	Nicosia, Cyprus	Director of Research
3/2014	10/2018	University of Nicosia Medical School	Nicosia, Cyprus	Director of the <i>Doctor of Medicine (MD) Programme</i>
9/2012	Current	St. George's, University of London	London, UK	Honorary Senior Lecturer within the Division of Population Health Sciences & Education
10/2011	9/2012	University of Nicosia	Nicosia, Cyprus	Director of Research and Innovation Office
9/2010	8/2011	University of Nicosia	Nicosia, Cyprus	Associate Professor in the Department of Life and Health Sciences, School of Sciences

9/2010	9/2011	University of Nicosia	Nicosia, Cyprus	Associate Director of Research and Innovation Office
1/2010	6/2010	Frederick University	Nicosia, Cyprus	Visiting Lecturer
1/2009	2/2010	Yasoo Health Ltd	Nicosia, Cyprus	Research and Development Manager
2/2007	12/2009	University of Cyprus	Nicosia, Cyprus	Visiting Lecturer/Special Scientist in the Department of Biological Sciences, Faculty of Pure and Applied Sciences.
8/2005	8/2006	St. George's, University of London	London, UK	Post-doctoral Research Fellow

Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2023	Inflammation, Nutrition, Obesity, and adverse clinical outcomes in Breast Cancer Survivors: A Narrative Review.	Pannu Manjinder Kaur and <u>Constantinou, C.</u>	<i>Current Nutrition Reports</i> . doi: 10.1007/s13668-023-00495-8.		
2	2023	Recent developments in diagnostic and prognostic biomarkers for colon cancer: a narrative review. Accepted by the journal <i>Oncology</i> . Published online on June 26, 2023. DOI: 10.1159/000531474.	Giannopoulou, N., and <u>Constantinou, C.</u>	Accepted by the journal <i>Oncology</i> . Published online on June 26, 2023. doi: 10.1159/000531474.		
3	2023	Barriers and facilitators for adopting healthy lifestyles in	Shi, A., Fong K.H.A., Rodomar, C., Demetriou, C.,	<i>JBI Evidence Synthesis</i>	21(8)	1-9

		breast cancer survivors: a scoping review protocol.	Kolokotroni, A., Philippou, E., Mosquera M.A., Papageorgiou, E., Critselis, E., Marcou, Y. <u>Constantinou, C.</u> and Quattrochi, A.			
4	2023	Hepatocellular carcinoma: A narrative Review on current knowledge and future prospects	Alawya, B. and <u>Constantinou, C.</u> (2023).	<i>Current Treatment Options in Oncology</i> doi: 10.1007/s11864-023-01098-9.	24(7)	711-724
5	2023	The 'Not so good' Cancer: Anxiety, Depression and Quality of Life in Thyroid Cancer Patients.	Alexander, K., Lee, C., Georgiades, S., and <u>Constantinou, C</u>	<i>Journal of Medicine and Life</i> doi: 10.25122/jml-2022-0204.	16(3)	348-374
6	2023	The association between nutrition, obesity, inflammation and endometrial cancer: a Scoping Review.	Thrastardottir, T. O., Copeland, V.J. and <u>Constantinou, C.</u>	<i>Current Nutrition Reports</i> 12(1):98-121. doi: 10.1007/s13668-022-00447-8.		
7	2022	Impact of the COVID-19 pandemic on total, sex- and age-specific all-cause mortality in 20 countries worldwide during 2020: results from the c-MOR project.	Demetriou, C.A., Achilleos, S., Quattrocchi, A., Gabel, J., Critselis, E., <u>Constantinou, C.</u> , et al. (2022).	<i>International Journal of Epidemiology.</i> doi: 10.1093/ije/dyac170.	52(3)	664-676
8	2022	Mapping Blue Zones' Power of 9 to Lifestyle Medicine Pillars and beyond: an update on the contributions of behaviour and genetics to wellness and longevity.	Kreouzi, M., Theodorakis, N. and <u>Constantinou, C.</u>	<i>American Journal of Lifestyle Medicine.</i> doi: 10.1177/15598276221118494.		
9	2022	The association between the gut microbiome, nutritional habits, antibiotics and gastric cancer: a Scoping Review.	Thrastardottir, T. O., Copeland, V.J. and <u>Constantinou, C</u>	<i>Current Nutrition Reports</i> doi: 10.1007/s13668-021-00391-z.	11	19-38

10	2022	Premature mortality attributable to COVID-19: Potential Years of Life Lost in 17 countries around the world, January-August 2020.	Ugarte P.A., Achilleos, S., Quattrocchi, A., Gabel, A., Kolokotroni, O., <u>Constantinou C.</u> , et al., (2022)	BMC Public Health. doi: 10.1186/s12889-021-12377-1.	22(1)	54
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**Research Projects. List the five (5) more recent and other five (5) selected
(max total 10)**

Ref. Number	Date	Title	Funded by	Project Role*
1	6/2023-Current	<i>'Development of an intervention aiming to modify behaviour and attitudes of young individuals to lifestyle practices relating to nutrition, alcohol, exercise, smoking and dealing with stress (HEALTHY TEENS)'</i> Participants: University of Nicosia Medical School, Bank of Cyprus Oncology Centre, Cyprus Anti-Cancer Society, Cyprus University of Technology.		Role in project: Researcher
2	12/2022-Current	<i>'Defining the traditional Mediterranean Lifestyle'</i> Coordinator: Mediterranean Institute of Lifestyle Medicine		Role in project: Researcher
3	9/2021-Current	<i>'Shriners Hospitals for Children Genomics and Precision Medicine Project'</i> Coordinator: Shriners Hospitals for Children, USA. Participants: Shriners Hospitals for Children and University of Nicosia Medical School.		Role in Project: Researcher/ Cyprus Coordinator
4	11/2021-Current	<i>'Healthy Lifestyle Practices of Breast Cancer Survivors in Cyprus (HEROES)'</i> Coordinator: University of Nicosia Medical School, Cyprus Participants: University of Nicosia Medical School, Bank of Cyprus Oncology Centre, Cyprus University of Technology.	The University of Nicosia Medical School Seed Fund	Role in project: Principal Investigator
5	11/2017-Current	<i>'Medical students' expectations of the future: a multi-site, longitudinal study (EXPECT).'</i> Participants: The University of Leeds (UK), Utrecht University (Netherlands), McGill		Researcher

		University Montreal (Canada), Dalhousie University Halifax (Canada), Karolinska Institutet Stockholm (Sweden) and University of Nicosia Medical School.		
6	9/2019-8/2022	<p><i>'Curriculum development using VR Technology to enhance empathetic communication skills in future health care professionals (EmpathyInHealth).'</i></p> <p>Participants: University of Nicosia Medical School, MMC Management Center (Cyprus), Κυπριακή Εταιρεία Πιστοποίησης (Cyprus), Vrije Universiteit Brussel (Belgium), Evangelische Hochschule Berlin (Germany), University of Thessaly (Greece) and OmegaTech (Greece).</p>	Erasmus KA203 Strategic Partnership	Researcher
7	10/2010-10/2015	<p><i>'Establishment of the Supra-Regional Network of the National Centres in Medical Education, focused on Problem Based Learning (PBL) and Virtual Patients (ePBLNET).'</i></p> <p>Participants: St George's, University of London (UK), Aristotelio Panepistimio Thessalonikis (Greece), University of Nicosia (Cyprus), David Tvildiani Medical University (Georgia), Akaki Tsereteli State University (Georgia), Sumy State</p>	Tempus	Researcher

		University (Ukraine), Zaporozhye State Medical University (Ukraine), Karaganda State Medical University (Kazakhstan), JSC “Astana Medical University” (Kazakhstan).		
8	12/2009-9/2010	Project: ‘Development of a novel chemotherapeutic agent for the treatment of prostate cancer.’ Program: Έρευνα για Επιχειρήσεις, Δράση Εφαρμοσμένη Έρευνα για Επιχειρήσεις. Program code: ΕΠΙΧΕΙΡΗΣΕΙΣ/ΕΦΑΡΜ/0308/12	The Cyprus Research Promotion Foundation	Coordinator
9	12/2006-6/2009	Project: ‘Evaluation of the chemoprotective and anti-cancer activities of natural and synthetic antioxidant compounds.’ Program: Ένταξη, Ενίσχυση και Κινητικότητα νέων ερευνητών-ΠΕΝΕΚ, Δράση Κινητικότητα. Program code: KINHT 0506/06. The application received the highest score (9.6/10)	The Cyprus Research Promotion Foundation.	Scientist
10	12/2006-12/2008	Project: Development of a novel nutraceutical for the prevention and management of type 2 diabetes and its complications. Program code: AKGEN/0506/04.	The Cyprus Research Promotion Foundation.	Scientist

**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

**Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected.
(max total 10) (Optional Entry)**

Ref. Number	Date	Title	Awarded by:
1	2019	Certificate of Achievement in recognition of Outstanding Contribution to Medical Education	University of Nicosia Medical School, Cyprus
2	2005-2006	Funding for Post-doctoral research	The Wellcome Trust (Value In People Award), UK.
3	2002-2004	Scholarship	The Overseas Research Awards Scheme (ORS), UK
4	2001-2004	Scholarship	The Cancer Prevention Research Trust, UK.
5	2001-2002	Scholarship	The A. G. Leventis Foundation, Cyprus
6	1993-1997	Scholarship	Fulbright Scholarship Programme
7	1994-1996	Dean's List	Cornell University