

Course title	Mental Health				
Course code	GEMD-301				
Course type	Required				
Level	Undergraduate				
Year / Semester	Year 3, Semester 5				
Teacher's name	Dr George Mikellides				
ECTS	13	Teaching Periods per Week			
		Large Group Learning	Small Group Learning	Laboratories & Skills	Clinical Practice
		6	6	5	6
Course purpose and objectives	<p>The aim of the course is:</p> <ul style="list-style-type: none"> • To provide the students with an understanding of the principles of the biopsychosocial model of mental health disorders. • To provide the students with an understanding of the clinical manifestations of psychiatric disorders. • To introduce the students to the ethical, legal and social implications of mental health care. • To provide student with an understanding of therapeutic options for mental illness, including psychopharmacology and psychotherapy. • To develop the student's consultation and communication skills in managing patients with mental health disorders and their families. 				
Learning outcomes	Due to the nature of Problem Based Learning (PBL), the full list of objectives will be available at the end of each PBL week.				
Prerequisites	None	Required	None		
Course content	<ul style="list-style-type: none"> • The hypothesised pathophysiology of mental health disorders. • Approaches to diagnosis and management of mental health disorders. • The epidemiology and social impact of mental illness. 				
Teaching methodology	<p>Lectures – normally two face-to-face, two on-line p/week</p> <p>Tutorials – two case-based learning small group sessions, two expert-led class discussions/debates</p> <p>Flipped classroom activities</p> <p>Community and/or hospital visits each week, relating to the case of the week</p> <p>Student centred learning/self-study</p>				

Bibliography	Required textbooks/reading					
	Authors	Title	Edition	Publisher	Year	ISBN
	American Psychiatric Association	Diagnostic and statistical manual of mental disorders	5 th Edition	American Psychiatric Association	2013	9780890425541
	Recommended textbooks/reading					
	Authors	Title	Edition	Publisher	Year	ISBN
	Robert Boland, Marcia Verduin and Pedro Ruiz	Kaplan & Sadock's Synopsis of Psychiatry	12 th Edition	Lippincott Williams & Wilkins (LWW)	2021	9781975145569
	Stephen M. Stahl	Stahl's Essential Psychopharmacology Neuroscientific Basis and Practical Applications	5 th Edition	Cambridge University Press	2021	9781108838573
Gareth Owen, Simon Wessely and Robin Murray	The Maudsley Handbook of Practical Psychiatry	6 th Edition	Oxford University Press	2014	9780199661701	
David M. Taylor, Fiona Gaughran and Toby Pillinger	The Maudsley Practice Guidelines for Physical Health Conditions in Psychiatry	1 st Edition	Wiley-Blackwell	2020	9781119554202	
Assessment	End of year exam and end of year OSCE. The written assessment will be Single Best Answer MCQs and Short Answer Questions. Workplace based assessments will take place during the attachment.					
Language	English					