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MASTER OF PUBLIC HEALTH (MPH)

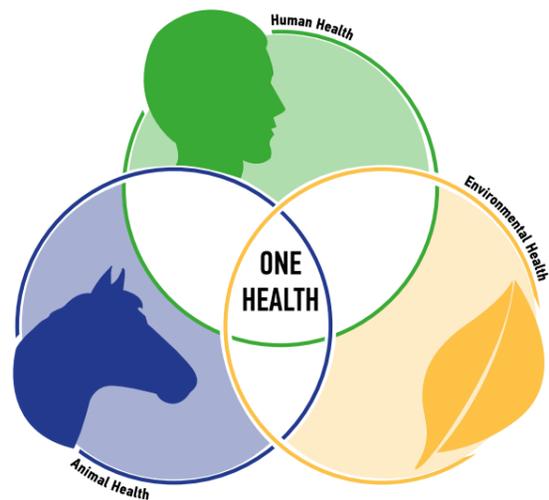


UNIVERSITY
of NICOSIA | MEDICAL
SCHOOL

ONE HEALTH

The One Health philosophy recognises that the health of people is inextricably interconnected with the health of animals and our shared environment. Putting One Health into practice requires a collaborative effort among multiple disciplines—at the local, regional and global levels—to achieve optimal health for people, animals and the environment.

The University of Nicosia’s Master of Public Health (MPH) programme operates within the One Health concept. Our vision for the MPH is to develop a new generation of public health leaders who promote cooperation among the human, animal, and environmental health communities in order to make a difference in their own communities, regionally and globally.



OVERVIEW

Public Health refers to all organised measures aimed at preventing disease, promoting health and prolonging healthy life. Its aim is to ensure a high standard of living and well-being for individuals and societies globally.

The University of Nicosia’s Master of Public Health (MPH) programme covers the main domains of Public Health Practice (Health Protection, Health Improvement, Health Services Provision) and offers the opportunity to specialise in a broad range of public health topics. The programme places a strong emphasis on global aspects of public health, as well as a focus on important public health issues in both developed and developing countries.

The curriculum is based on a dynamic approach, with continuous updating to address new and emerging issues threatening population health: climate change, armed conflict, forced migration, as well as pandemics. This programme has been carefully designed according to the standards of the UK Faculty of Public Health.

A unique feature of our MPH programme is its international orientation: the programme is part of a Medical School with faculty, teaching hospitals and students from across the globe.



Christiana Demetriou

MPH Programme Coordinator

“The current period in the Earth’s history is named the Anthropocene Epoch, to mark the profound influence that humans have on the planet’s climate and ecosystems. Within this era, the interplay between human health, environmental health and animal health, is undeniable, manifesting in epidemics of emerging zoonotic diseases, antimicrobial resistance, upsurge of chronic diseases, as well as in geologic, hydrologic and meteorological disasters.

This Master of Public Health, emphasizes on the concept of “One Health”, recognizing the interconnection between humans, animals and their environments. It is only through this recognition that we can fully equip students with the necessary knowledge and competencies so that they can contribute to efforts towards meeting the Sustainable Development Goal of “Good Health”. Our curriculum has been carefully designed to cover the main pillars of public health practice and research and is aligned with the UK Faculty of Public Health syllabus, ensuring the highest quality education.”



Ourania Kolokotroni

Head of the Department of Primary Care and Population Health

“Public health is all around us. During the last century life expectancy for the average person has increased by more than 30 years, mainly through key public health actions such as vaccinations, motor vehicle safety, clean water, food safety, improved nutrition and safer childbirth.

There are a number of other factors, however, that still negatively affect our health. The University of Nicosia’s Master of Public Health programme will advance your knowledge, develop your skills and inspire you to tackle the new challenges in making your communities and people healthier.”



A fully online Master’s degree from the first university in the European Union to earn a 5-Star rating for online/distance learning



Addresses critical policy issues and public health challenges in developed and developing countries



Opportunity to gain a UK Faculty of Public Health qualification



Study full-time or part-time, flexibly and at your own pace



Ideal for working professionals and new graduates



Focus on public health disaster risk reduction, prevention, preparedness, response and recovery

CRISIS MANAGEMENT (PANDEMIC, ENVIRONMENTAL, EMERGENCY)

Students of the MPH will acquire crisis management skills enabling them to respond effectively to adverse situations. Students explore crisis prevention at a local, national and international level as well as monitoring and support during and after an emergency.

For instance, in the case of COVID-19 pandemic, essential elements of the programme include: knowledge on how pandemics spread within a population, evaluation of best practice in population protection and measures which could limit such spread. This includes monitoring and managing the virus spread and containment across various levels from a workplace perspective to advising national policy in response.



Christos Stylianides

UNIC Medical School Faculty
Former European Commissioner
on Humanitarian Aid and Crisis
Management

"During our efforts to contain the Ebola outbreak in Africa, we faced unexpected gaps and limitations in the healthcare infrastructure. This was a rude awakening for the international community. The world needs new leaders with hands-on experience in the field of crisis and disaster management. Through my involvement in the Master of Public Health programme, I intend to pass this knowledge and practical experience to the new generation of public health practitioners."



Create a better tomorrow. The MPH embraces the One Health concept



EU degree, globally recognized and accredited



Address critical policy issues and public health challenges in developed and developing countries



Review health policy reform and service delivery in periods of economic crisis and austerity



Programme flexibility and guidance provided for global working professionals throughout their studies



Direct access to faculty: thrive and find support with a personal mentor matched with students from day one



Accelerate your management knowledge with skills for tackling public health challenges: climate change, armed conflict, forced migration, and pandemics



Take advantage of lessons learned in epidemic and pandemic crisis management on a regional and global scale

INTERNATIONALLY RENOWNED FACULTY

To realise our vision of serving as a centre of excellence in health services administration education, we have brought together experts from around the world. Our faculty have extensive experience of teaching, working and conducting research in this exciting field and each course is taught by a leader in their field.



Kyriakos S. Markides

Professor of Aging Studies
Editor of the Journal
of Aging and Health

"In an era of rapid development and population growth, it is essential that public health is a major priority for all governments globally, from the most developed countries to the least. Public health challenges are constant and complex, and there is a need for highly skilled and competent professionals to deal with these. I am excited to be involved in the University of Nicosia Master of Public Health, a programme designed with the aspiration of educating the next generation of public health professionals locally, regionally and globally."

FLEXIBLE LEARNING TAILORED TO YOUR NEEDS

Our dynamic programme is tailored to the needs of full-time working professionals and new graduates. By choosing the number of courses per semester, students have the opportunity to determine their time schedule, study pace and workload.

In addition, the distance learning mode, comprising online interactive lectures, tutorials, activities, and assignments, allows study outside normal working hours, as well as autonomy and control.

The MPH programme is delivered over 3 semesters (18 months full-time, or up to 4 years part-time) and features 6 core courses and 3 elective courses, from a selection of 8 electives.

UK Faculty of Public Health Part A Exam

The MPH programme has been designed with the FPH Part A curriculum in mind, and the learning outcomes correlate to a large extent with those of that exam.

Students who pass the FPH Part A exam are demonstrating a professional level of knowledge and understanding of the scientific basis of public health, as well as their ability to apply their knowledge and skills to the practice of public health. Success in the Part A examination also leads to election into Diplomate Membership of the Faculty.



Path 1

Students may complete three out of the six elective courses, giving students the opportunity to gain further in-depth knowledge in specialised areas of public health, environmental health, and occupational health.



Path 2

Allows students to pursue a health-related research project while drawing on knowledge and skills gained from the programme.



**FACULTY OF
PUBLIC HEALTH**

MENTOR FOR SUCCESS



Dr Souzana Achilleos

Postdoctoral Associate
MPH Mentor

"Public Health is an investment for a healthy and sustainable present and future, and the world is in need of Public Health professionals. UNIC provides the opportunity for working professionals and long-distance students to enhance and acquire knowledge on the different disciplines of Public Health through a state-of-the-art online/distance learning programme. Students interact with their mentor and with each other throughout the courses for a holistic understanding of the material. Our role as mentors is to support students in their student journey to find an appropriate work-life-balance. As a mentor for the MPH programme, I am always encouraged to hear of students' success in developing skills and improving knowledge for growth in their current profession."

STUDENT TESTIMONIALS



Thelma Koullourou Lazarides

MPH, Class of 2020

"The MPH degree is a perfect complement to the career of a person working in the health industry. It provides you with research opportunities and a global health view, it enhances your knowledge in local health practices, and it builds your managerial skills.

The way the programme is structured, being distance learning, allowed me to study after-hours and on weekends at a pace that accommodated my full-time work and family obligations."

"I chose the Master of Public Health at the University of Nicosia Medical School to expand my knowledge in this area. Public Health is a fast emerging interdisciplinary science in the world of healthcare.

This is important more broadly, as the concept of health is now moving away from individual care and instead focuses on the population-approach and prevention. The opportunity to further learn about the different domains of Public Health was intriguing to me. The programme is definitely enriching my knowledge in the field and will lead to vital qualification in this area of healthcare.

The University of Nicosia was my first choice when deciding to pursue a Master's degree. I like the flexibility the programme offers full-time working professionals such as myself. The experience is enhanced through online interactive lectures and tutorials. An added bonus is that the programme is taught in English which made it especially appealing to me given my educational background."



Stephanie Zeitouni

MPH, Class of 2020

CUTTING-EDGE ONLINE LEARNING

The programme is conducted completely online in an e-Learning Environment (Moodle), which includes multiple embedded synchronous and asynchronous learning activities, such as webinars, online chats, discussion fora and wikis. In addition, recorded lectures are designed to enhance student interactivity and active learning by including engaging slides with clickable tabs, interactive quizzes, drag-and-drop activities, matching activities and opinion polls.

Our programme follows standardised and validated pedagogical approaches, ensuring constant tutor student interaction (webinars, online chats, discussion fora), student to student interaction (online chats, discussion fora, wikis), and student-material interaction (recorded lectures, additional resources).

E-LEARNING EXCELLENCE

The University of Nicosia is a regional leader in distance learning education at the Bachelor and Master level. We use the most up-to-date technologies and state-of-the-art learning design theories to deliver our courses and we are the first university in Europe to have received a triple recognition (5 QS Stars, EADTU, EFQUEL) for excellence in online education. As a testament to the quality of our online programmes, our University has been awarded the highest accolades for e-learning and distance learning education excellence.

Moreover, it is the first European university to be awarded a 5-Star rating for Online/Distance Learning and is the 13th university in the world to receive such a distinction. In addition, the University of Nicosia received the highest distinction of 5-Stars in Teaching, Facilities, Inclusiveness, Social Responsibility and Internationalisation.



THE UNIVERSITY OF NICOSIA MEDICAL SCHOOL OFFERS SIX PROGRAMMES OF STUDY:

UNDERGRADUATE MEDICAL PROGRAMMES

- MD, 6-year medical degree for high school graduates
- MBBS, 4-year graduate-entry British medical degree awarded by St George's, University of London

GRADUATE MEDICAL PROGRAMMES

- Master of Science in Family Medicine (MScFM) for practising primary care physicians
- Master of Science in Health Services Administration (MHSA) for career professionals
- Master of Public Health (MPH) for career professionals
- Doctorate in Medical Sciences (PhD) for research in all disciplines or specialties of medicine



UNIVERSITY OF NICOSIA

The University of Nicosia (UNIC) has pioneered medical education in Cyprus, establishing the first Medical School in the country in 2011. It is the largest academic medical community in Cyprus with staff, faculty and students from more than 63 countries. The Medical School Alumni are working in world-class medical centres around the world evident by the successful 99.4% placement rate for graduates.

The UNIC Medical School has become renowned in Cyprus and abroad for its innovative, quality education, faculty research and community service.

The 2020 Times Higher Education (THE) University Impact Ranking, ranked the University of Nicosia as the number 42 university in the world in the core area of Quality Education, and among the top 301-400 universities globally in terms of its overall social and economic impact. UNIC is consistently ranked among leading universities regionally. The QS World University Rankings has recognised UNIC for two years running in the Emerging Europe and Central Asia (EECA) Region, with the University ranking number 91 among 1,800 tertiary institutions across 24 countries.

MEDICINE GRADUATES' SUCCESS TO 2020

99.4% 200
 HAVE BEEN OFFERED MEDICAL CENTRES
 POSITIONS AT OVER AROUND THE WORLD



STUDENT OUTCOMES

Thanks to our exciting approach to learning, with a curriculum constantly updated to focus on new issues in global public health, graduates are prepared to tackle real-world challenges. Upon graduation, they will be ready to work in the public sector at local, national and international health agencies. This course has provided our alumni with greater opportunities in non-governmental organisations, charities as well as private sector career work in consulting firms, pharmaceutical industry, start-ups and policy research. With the ability to specialise during your studies, students have multiple pathways for success. The strong emphasis on innovation and technological advancements enables graduates to provide vision and initiate strategic change in healthcare organisations.

TUITION COSTS

The Master of Public Health programme aims to improve global health. In support of this goal, tuition starts at €12,060 for the degree with tuition grants available and scholarships for those qualifying. There are additional tuition grant considerations for applicants residing in the EU as well as residents in low income countries with instalment plans available to support access to this programme, for applicants from different socioeconomic backgrounds. Our Admissions Advisers can provide more details.

ADMISSIONS REQUIREMENTS



A Bachelor's degree from an institution recognised in the country where it operates. A degree in a health or business related field is an advantage



One reference letter, either academic or professional



If English is not your first language and you have not earned a degree taught in English, an IELTS score of 6.5 overall and no less than 6.0 in each of the sub-test components or an equivalent test



A personal statement describing your educational and, if applicable, professional background and explaining how this degree would support your career ambitions

ACADEMIC PATH

The programme is divided into three semesters, comprising three courses each (10 ECTS per course). Core courses are taught in semesters 1 and 2 and are compulsory. After completing the core programme, students may choose three (out of seven) elective courses in semester 3, or they may follow a more research-oriented path by undertaking a Master's Thesis (20 ECTS).

FIRST SEMESTER	
(30 ECTS, all courses required)	
Course code/Title	
MPH-511	Principles of Epidemiology and Public Health
MPH-512	Applied Statistics for Epidemiology and Public Health
MPH-521	Epidemiology and Prevention of Chronic and Infectious Diseases in a Global Context
SECOND SEMESTER	
(30 ECTS, all courses required)	
Course code/Title	
MPH-513	Health Protection and Promotion: Safeguarding and Maintaining Wellbeing in Populations
MPH-531	Environmental and Occupational Health
MPH-523	Health Economics in the Context of Health Services and Systems: Global Perspectives
THIRD SEMESTER	
(30 ECTS, students are required to choose from the two options offered)	
Option 1	
MPH-590	Research Methodology in Public Health
MPH-596	Research Project (Master's Thesis)
or	
Option 2 (3 elective courses are chosen from the following)	
MPH-522	Health Policy Management and Leadership
MPH-532	Health Inequality within and between Countries
MPH-533	Population Ageing and Health
MPH-534	Public Health Nutrition
MPH-535	Social and Behavioural Dimensions of Health
MPH-536	Ethical and Legal Dimensions of Public Health
MPH-590	Research Methodology in Public Health

DISCLAIMER

Every reasonable effort has been made to ensure that the information contained in this brochure is correct and accurate at the time of printing (October 2020). In the event of discrepancy between the print version and information provided on the Medical School's website, the web version will apply. The Medical School will make every endeavour to deliver the MHPA as described in this brochure. However, changes may be necessary at times. The Medical School reserves the right to make changes to the content or methods of programme delivery. The Medical School reserves the right to change, without notice, any information about the services contained in this brochure.



OUR VISION

The Medical School espouses the holistic concept of One Health, which emphasizes the relationship between the health of humans and animals within a healthy, sustainable environment. We aim to achieve excellence in teaching, research, community service and patient care.



OUR MISSION

We are committed to the provision of innovative, student-centred and high quality education, which is based on the best available evidence in current medical pedagogy. We are also committed to systematically fostering original research in the basic, clinical, social and behavioural sciences and, to serving and improving the health of the population through outreach, service and patient care services.

We aim to produce competent graduates, committed to life-long learning, who can pursue further training in their field of choice and will be competent and successful practitioners, teachers, administrators and researchers. Our School's graduates make patient care their highest priority.



Student-centred education -We strive to maintain a supportive learning environment that promotes and encourages student interaction and feedback. The student-centred curriculum allows for the early development of clinical skills and reasoning, and promotes collaborative learning, critical thinking and reflection, skills that are essential for a career in medicine.



Excellence in teaching and research -We deliver teaching and conduct research of the highest quality and we equip students with the knowledge, skills and confidence to succeed in their chosen medical career path. This is achieved by means of the most up-to-date and quality assured curricula and assessments, which are implemented in a multicultural and supportive learning environment.



Excellence in patient care -We provide high quality primary care services based on a comprehensive, holistic and evidence-based approach.



Social Responsibility -We regularly and actively contribute to society through outreach events, and other initiatives, with the support of our faculty, staff and students.



Professionalism -We adhere to the highest professional standards and we expect our students to demonstrate professionalism, during their studies and beyond.



Equality and Diversity -We are committed to the promotion of equality and respect, and embrace the individual, social and cultural diversity of the student community.



International Partnerships -We maintain successful partnerships with leading institutions, which enables the sharing of knowledge and expertise in medical education and research, while providing our students with opportunities to gain international research and clinical experience.



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