



## ACADEMIC DETAILS

A. APPOINTMENT AND CONTACT DETAILS					
Surname:	Palazidou	First Name:	Eleni	Middle Name:	Charilaou
Academic Title:	Clinical Professor				
Specialty:	Psychiatry				
E-mail:	<a href="mailto:eleni.palazidou@doctors.org.uk">eleni.palazidou@doctors.org.uk</a>				
Phone:	+44 207 359 1758 Mob +44 771 430 3773				

B. EMPLOYMENT HISTORY (From current to oldest) – including your affiliation with the University of Nicosia Medical School			
From (mm/yyyy)	To (mm/yyyy)	Position/Title	Employer
June 2017	Present	Honorary Professor Department of Psychiatry	Barts&London School of Medicine &Dentistry, Queen Mary University, London UK
June 2014	Present	Clinical Professor (Part-time)	University of Nicosia, Cyprus
Jan 2013	Present	Consultant General Adult Psychiatry	The Sloane Court Clinic, London, UK
Dec 2010	Jan 2013	(Hon) Consultant	East London Foundation Trust UK
Oct 1992	Nov 2010	Consultant in General Adult Psychiatry	The Royal London Hospital – East London Mental Health Services
Apr 1991	Sep 1992	Senior Registrar/Acting Consultant	The Maudsley Hospital –General Adult Psychiatry
Nov 1990	Mar 1991	Acting Consultant	The Maudsley Hospital District Services – General Adult Psychiatry
Dec 1988	Nov 1990	Senior Registrar Rotation in General Adult Psychiatry	The Joint Maudsley/Bethlem Hospitals and Kings College Hospital, London, UK
Jun 1984	Sep 1988	Research Fellow	The Institute of Psychiatry, London, UK
Oct 1981	May 1984	SHO/Registrar	Bethlem Royal & Maudsley Joint Hospitals
Feb 1974	Sep 1981	Pre- and Post-Registration Training In General Medicine and Neurology	Leeds Gen Infirmary /St James' Hospital Leeds /Wakefield Centre for Neurology/Spinal Injuries, UK

## ACADEMIC DETAILS

### C. EDUCATIONAL BACKGROUND

#### 1. University or equivalent

From (mm/yyyy)	To (mm/yyyy)	Name of University/ Academic Institution	Degree Obtained
Sept 1967	July 1973	Medical Academy of Sofia	MD (Hons)
Sept 1988	1991	University of London	PhD

#### 2. Other Formal Qualifications/ Training

From (mm/yyyy)	To (mm/yyyy)	Awarding Institution	Certificates or Diplomas Obtained
2006	The present	Royal College of Psychiatrists, UK	Fellowship of the Royal College of Psychiatrists (FRCPsych)
1984	The present	Royal College of Psychiatrists, UK	Membership of the Royal College of Psychiatrists (MRCPsych)
1979	The present	Royal College of Physicians, UK	Membership of the Royal College of Physicians (MRCP)

### D. RESEARCH PROGRAMMES (e.g Academic Lead/Group Member, Researcher, Assistant Researcher) – Up to 10 most important and 5 of the most recent

	From (mm/yyyy)	To (mm/yyyy)	Programme/Title	Sponsor	Role
1	Sep 2014	The present	Programme which aims to develop a patient held device for measuring lithium blood levels to be used by patients with bipolar disorder on lithium therapy to help improve safety and efficacy of lithium	National Institute of Health Research (NIHR - Innovations)	Co-investigator

### E. ADVISORY SERVICES (Memberships of Councils/ Publishing Committees)

	From (mm/yyyy)	To (mm/yyyy)	Name of Advisory Services	Role
1	2006	2008	Medical Advisory Committee - East London NHS Mental Health Trust	Chair
2	2005	2006	Medical Advisory Committee – Tower Hamlets NHS Mental Health Trust	Chair

## ACADEMIC DETAILS

3	2005	2008	Department of Psychiatry in Tower Hamlets – East London & City Mental HealthTrust	Chair
4	1994	1995	North London Research & Development Programme	Audit lead on Depression
5	2007	The present	Grand Rounds (online)	Member of the Editorial Board Affiliations- Psychiatry
6	2003	2012	Mental Health and Family Medicine	Member of the Editorial Board
7	2015	The present	British Journal of Psychiatry International	Member of the Editorial Board Regular column writer – Pandora’s Box
8	2015	The present	Global J of Med and Public Health	Member of editorial board
9	2008	2010	North East London Diabetes Research Network	Member of the Management Steering Group
10	2003	The present	WONCA (World Organisation of Family Doctors), Psychiatry Working Group	Advisory (interface) member
11	2015	The present	Hellenic Psychiatric Association UK (HPA-UK)	Chair
12	1994	The present	Health Research Authority UK	Member of Research Ethics Committee
13	2009	The present	HTA (Health Technology Assessment) for NIHR (National Institute of Health Research)	Referee of research applications and research topic selection
14	2002	2008	Royal College of Psychiatrists	Representative for Consultant appointments
15	2007	The present	Daryeelka Maanka Burao (Registered Charity No. 1116501) – supporting the development of mental health services in Somalia	Founding Trustee and Chair

### F. PUBLICATIONS- Up to 10 most important and 5 of the most recent

	Date Published	Publication
1	2015	May J, Hickey M, Triantis I, Palazidou E, and Kyriacou PA (2015), Spectrophotometric analysis of lithium carbonate used for bipolar disorder. Biomed Optics Express 6(3):1067-1073

## ACADEMIC DETAILS

<b>2</b>	2013	<u>Palazidou E.</u> Mentally ill parents – the psychiatrist’s perspective & role. In: Out of the Mainstream: helping children of parents with mental illness Ed Rosemarie Loshak, Routledge (2013)
<b>3</b>	2012	Lionis C, Zizzo P, Parmentier H, Spiegel W, <u>Palazidou E</u> , Kamenski G, Al-Khatami A Sandrelli S. History taking and investigations in primary care mental health In: Companion to primary care mental health. Ed Gabriel Ivbijaro, Radcliffe Pub (2012)
<b>4</b>	2012	<u>Palazidou E</u> (2012) The neurobiology of depression Brit Med Bull 101(1): 127-145
<b>5</b>	2010	<u>Palazidou E</u> (2010) Pharmacological treatment of mental disorders In: Essential Psychiatry in General Practice. Quay Books Division MA Healthcare Ltd, London UK.
<b>6</b>	2009	<u>Palazidou E</u> (2009) Quetiapine: a new option in Bipolar Depression Future Prescriber 10(4):9-14
<b>7</b>	2006	Palazidou E. Pharmacological treatment of depression in women In: Women and Psychiatric Treatment. Eds Henderson C, Smith C, Smith S, Stevens A. Routledge, London, 2006.
<b>8</b>	2006	Ivbijaro GO, Kolkiewicz LA, Palazidou E, Parmentier H (2006) Look, Listen and test: mental health assessment: the WONCA Culturally Sensitive Depression Guideline (Development and Policy)
<b>9</b>	2005	Ivbijaro GO, Kolkiewicz LA, Palazidou E. (2005). Mental Health in Primary Care: Ways of working – the impact of culture (Development and Policy). Primary Care Mental Health 3:47-54.
<b>10</b>	2003	Bhandari S, Samellas D, Lai M, Botazzo G, <u>Palazidou E.</u> (2003) Thyroid autoantibodies in Bipolar Mood Disorder; Is there a link with lithium? J Eur Coll Neuropsychopharmacology (suppl)