

## ACADEMIC DETAILS

A. APPOINTMENT AND CONTACT DETAILS					
<b>Surname:</b>	<b>PANOS</b>	<b>First Name:</b>	<b>MARIOS</b>	<b>Middle Name:</b>	<b>ZENON</b>
<b>Academic Title:</b>	<b>CLINICAL PROFESSOR IN GASTROENTEROLOGY</b>				
<b>Specialty:</b>	<b>GENERAL (INTERNAL) MEDICINE / GASTROENTEROLOGY / HEPATOLOGY</b>				
<b>E-mail:</b>	<a href="mailto:panos.m@unic.ac.cy">panos.m@unic.ac.cy</a>				
<b>Phone:</b>	<b>+35722469181</b>				

B. EMPLOYMENT HISTORY (From current to oldest) – including your affiliation with the University of Nicosia Medical School			
<b>From</b> (mm/yyyy)	<b>To</b> (mm/yyyy)	<b>Position/Title</b>	<b>Employer</b>
07/2016	date	Clinical Professor in Gastroenterology (Full-Time)	University of Nicosia Medical School
09/2012	07/2016	Assistant Professor	University of Nicosia Medical School
09/1998	06/2014	Consultant Gastroenterologist/Hepatologist	Athens Euroclinic (Private Practice)
05/1994	08/1998	Consultant Physician and Gastroenterologist	Royal Berkshire Hospital, Reading, UK
11/1990	04/1994	Lecturer in Medicine/Hon. Senior Registrar	Birmingham University
02/1986	10/1990	Research fellow/Hon. Registrar	Institute Liver Studies King's College Hosp. London
02/1984	01/1986	Registrar in Medicine	St. Stephen's Hospital, London SW10 (now Chelsea & Westminster Hospital)
08/1983	02/1984	Senior House Officer in Medicine	The Middlesex Hospital, London W1.
02/1983	08/1983	Senior House Officer in Oncology	Addenbrooke's Hospital, Cambridge

## ACADEMIC DETAILS

### C. EDUCATIONAL BACKGROUND

#### 1. University or equivalent

From (mm/yyyy)	To (mm/yyyy)	Name of University/ Academic Institution	Degree Obtained
10/1973	06/1976	University of London	BSc (Hons), Physiology
10/1976	06/1981	University of London	MBBS
02/1986	12/1990	University of London	Doctor of Medicine (MD)

#### 2. Other Formal Training

From (mm/yyyy)	To (mm/yyyy)	Awarding Institution	Certificates or Diplomas Obtained
	11/1984	ROYAL COLLEGE OF PHYSICIANS	MRCP(UK)
08/1982	11/1993	Joint Committee on Higher Medical Training	CJCHMT Specialist in General (Internal Medicine and Gastroenterology)
	09/1998	European Board of Gastroenterology	FEBG

### D. ADVISORY SERVICES (Memberships of Councils/ Publishing Committees)

	From (mm/yyyy)	To (mm/yyyy)	Name of Advisory Services	Role
1	2006	2016	Royal College of Physicians of London	Royal College of Physicians of London International Advisor
2	01/2004	12/2008	CME Journal in Gastroenterology, Hepatology and Nutrition	Editor in Chief
3	01/2000	12/2003	CME Journal in Gastroenterology, Hepatology and Nutrition	Member, Editorial Committee

### E. AWARDS/INTERNATIONAL DISTINCTIONS

	Date (mm/yyyy)	Award/Distinction	Awarding Body
1	05/1998	FRCP(Lon)	Royal College of Physicians of London
2	05/2007	AGAF	American Gastroenterology Association

## ACADEMIC DETAILS

3	1988	Galen Prize for best original research presentation	Hellenic Medical Society of Great Britain
4	2006-2016	Royal College of Physicians of London International Advisor	Royal College of Physicians of London

### F. PUBLICATIONS- Up to 10 most important and 5 of the most recent

	Date Published	Publication
1	1993	Gimson AES, Ramage J, <b>Panos MZ</b> , Hayllar K, Harrison PM, Williams R Westaby D. Randomised trial of variceal banding ligation and injection sclerotherapy for bleeding oesophageal varices. <i>Lancet</i> 1993; 342:391-394.
2	1990	<b>Panos MZ</b> , Moore K, Vlavianos P, Chambers J, Anderson JV, Gimson AES, Westaby D, Williams R. Single, total paracentesis for tense ascites: sequential hemodynamic changes and right atrial size. <i>Hepatology</i> 1990; 11:662-667.
3	1992	Wicks C, Gimson A, Vlavianos P, Lombard M, <b>Panos M</b> , Macmathuna P, Tudor M, Andrews K, Westaby D. An assesment of the percutaneous endoscopic gastrostomy feeding tube as part of an integrated approach to enteral feeding. <i>Gut</i> 1992; 33:613-616.
4	1996	Kane KF, Colagiovanni L, McKiernan J, Panos MZ, Ayres RC, Langman MJ, Lowes JR. High osmolality feedings do not increase the incidence of thrombophlebitis during peripheral i.v. nutrition. <i>J Parenter Enteral Nutr</i> 1996; 20(3):194-197.
5	1994	<b>Panos MZ</b> , Reilly H, Moran A, Reilly T, Wear R, Wallis P, Chesner IM. Use of percutaneous endoscopic gastrostomy in a district general hospital: Indications and prospective, randomised comparison of two tube designs. <i>Gut</i> 1994; 35:1551-1556.
6	1993	<b>Panos MZ</b> , Wood MJ, Asquith P. Toxic megacolon: the knee-elbow position relieves bowel distension. <i>Gut</i> 1993; 34:1726-1727.
7	1989	<b>Panos MZ</b> , Nicolaidis KH, Anderson JV, Economides DL, Rees L, Williams R. Plasma Atrial Natriuretic Peptide in human fetus: Response to intravascular blood transfusion. <i>Am J Obst Gynecol</i> 1989; 161:357-361.
8	1995	<b>Panos MZ</b> , Walt R, Stevenson C, Langman MJS. Rising death rate from non-malignant oesophageal disease in England and Wales. <i>Gut</i> 1995;36:488-491.
9	1992	<b>Panos MZ</b> , Anderson JV, Payne N, Langley P, Slater JDH, Rees L, Williams R. Plasma atrial natriuretic peptide and renin-aldosterone in cirrhosis with ascites: basal levels, changes during daily activity and nocturnal diuresis. <i>Hepatology</i> 1992;16:82-88.
10	1990	<b>Panos MZ</b> , Gove CD, Firth J, Raine AEG, Ledingham JGG, Westaby D, Williams R. Impaired natriuretic response to atrial natriuretic peptide in the isolated kidney of rats with experimental cirrhosis. <i>Clinical Science</i> 1990; 79:67-71.
11	1991	<b>Panos MZ</b> , Anderson JV, Forbes A, Payne N, Rees L, Slater JDH, Williams R.

## ACADEMIC DETAILS

		Human atrial natriuretic factor and renin-aldosterone in paracetamol induced fulminant hepatic failure. Gut 1991; 32:85-89.
12	2014	<b>Panos MZ</b> , Koumi A. Argon plasma coagulation in the right and left colon: safety-risk profile of the 60W-1.2 l/min setting. Scand J Gastroenterol. 2014;49(5):632-41. doi: 10.3109/00365521.2014.903510. Epub 2014 Apr 2.
13	2012	Koumi A, Kalaitzakis E, Forbes A, <b>Panos MZ</b> . Under-utilisation of the gastroscope for total colonoscopy in adults: a survey of two European countries. Int J Colorectal Dis 2012;27:959-65. Epub 2012 Mar 8.
14	2011	Koumi A, Filippidis T, Leontara V, Makri L, <b>Panos MZ</b> . Detection of Helicobacter pylori: A faster urease test can save resources. World Journal of Gastroenterology 2011; 17:353.
15	2009	Kalaitzakis E, <b>Panos M</b> , Sadik R, Aabaken L, Koumi A, Meenan J. Clinicians' attitudes towards endoscopic ultrasound: A survey of four european countries. Scand J Gastroenterol 2009; 44:100-107.
16	2015	<b>Panos MZ</b> and Panos GZ. Obituary: Dr Zenon George Panos, former Chief Medical Officer, Cyprus. BMJ 2015;350:h145 doi: 10.1136/bmj.h145
17	2010	Koumi A, <b>Panos MZ</b> . Oesophageal food impaction in achalasia treated with coca cola and nifedipine. BMJ Case Reports 2010;pii :bcr.05.2009.1891
18	2009	<b>Panos MZ</b> , Koumi A. Prevention of diverticulitis. Aliment Pharmacol Ther 2009; 29:1053-1054.
19	2014	Tzafestas P, Koumi A, Varitimiadis K, <b>Panos MZ</b> . Using the Gastroscope for ileo-colonoscopy where the adult colonoscope has failed: a method quantified. Annals of Gastroenterology, Abstract , Dec. 2014.