

# CURRICULUM VITAE

**Name:** Panayiotis (Panos) ECONOMOU

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**Personal: Date of Birth:** 03.02.1959

**Marital Status:** Married

## Education:

### Undergraduate work:

MB ChB Honours Degree (Manchester–United Kingdom) July 1984

### Graduate work:

FRCS (Edinburgh) Fellowship of the Royal College July 1988

FRCS (England) Fellowship of the Royal College May 1989

### Postgraduate work:

Recognized Specialty in General Surgery  
by the Republic of Cyprus Nov 1990

Recognized Specialty in General Practice  
by the Republic of Cyprus June 2003

Excellence in Teaching course by the RCGP (Royal  
College of General Practitioners) 2004–2005

Train the Trainers course by the Ministry of Health of Cyprus	2009
PGCert HBE (Post Graduate Diploma in Health and Biomedical Education) St. George's, University of London	March 2015
DRG coding Certificate – Health Insurance Organization	Oct 2016

## Positions Held:

Since July 2017	Clinical Professor of Surgery	University of Nicosia Medical School / St. George's, University of London Medical programme delivered in Cyprus by the University of Nicosia Medical School
Since January 2016	Founder, CEO and General Surgeon	Panos Economou D.L.C. Saint Anastasios Clinic/ Centre for Laparoscopic Operations and General Surgery
Since November 2015	Foundation Chair of the Division of Surgery	University of Nicosia Medical School / St. George's, University of London Medical programme delivered in Cyprus by the University of Nicosia Medical School
February 2013	Clinical Associate Professor General Surgery and Clinical Anatomy and Lead for Surgery	St. George's, University of London Medical Programme at the University of Nicosia Medical School
2012	Honorary Senior Lecturer	Division of Population Health Sciences & Education St George's, University of London
September 2011	Senior Lecturer in General Surgery and Surgical Lead and Clinical Anatomy Co-Lead	St. George's, University of London Medical Programme delivered in Cyprus by the University of Nicosia Medical School
January 2005	Founder, CEO and General Surgeon	Saint Anastasios Clinic/ Centre for Laparoscopic Operations and General

		Surgery LTD
From September 1991	Founder General Surgeon and Director / Manager	Saint Anastasios Clinic/ Centre for Laparoscopic Operations and General Surgery
Mar. 90 - Aug. 91	Registrar General Surgery	Mr. P. A. Sykes Trafford General
Aug. 88 - Feb. 90	Registrar General Surgery	Mr. R.D. Kingston Trafford General Hospital
<b>Aug. 86 - July 88</b>	<b>Hope Hospital (North Manchester Teaching Hospital) Surgical Rotation as follows:</b>	
Feb. 88 - July 88	Senior House Officer General/Vascular Surgery and Intensive Care	Mr. R.W. Marcuson and Dr. R. Kishen Hope Hospital
Aug. 87 - Jan. 88	Senior House Officer General Surgery	Professor M. Irving Mr. J. Bancewicz and Mr. G. Ingram Hope Hospital
May 87 - July 87	Senior House Officer Orthopaedic Surgery	Professor C.S.B. Galasko Royal Manchester Childrens' Hospital
Feb. 87 - Apr. 87	Senior House Officer Orthopaedic Surgery	Mr. J. Noble and Mr. S.G.W. Gough Hope Hospital
Nov. 86 - Jan. 87	Senior House Officer Intensive Care and Accident and Emergency	Mr. Yates, Dr. Laing and Dr. r. Glew Hope Hospital
Aug. 86 - Oct. 86	Senior House Officer Cardiothoracic Surgery	Mr. R.M. Lawson Wythenshawe Hospital
<b>Oct. 85 - July 86</b>	<b>Joint post of Temporary Lecturer in Anatomy/Senior House Officer in Accident and Emergency as follows:</b>	
	Temp. Lecturer Anatomy	Professor P.F. Harris and Dr. G. Rabey Medical School University of Manchester

	Senior House Officer Accident and Emergency	Mr. D.C. Simpson Manchester Royal Infirmary
May 85 - July 85	House Officer General Surgery	Mr. R.D. Kingston Park Hospital
Feb. 85 - Apr. 85	House Officer Urology	Mr. D.Ll. Jones Park Hospital
Nov. 84 - Jan. 85	House Officer Gen. Medicine/ Gastroenterology	Professor L.A. Turnberg Hope Hospital
Aug. 84 - Oct. 84	House Officer Gen. Medicine/ Gastroenterology	Dr. M.N. Marsh Hope Hospital

## Areas of Interest / Research Interests:

<b>Teaching</b>	Medical / Surgical Education
<b>Surgery</b>	(especially thyroid, breast, hernia, pilonidal sinus, haemorrhoids, fissure in ano, laparoscopic cholecystectomy and laparoscopic varicocoele operations)
<b>Engineering</b>	Invention of the GCEVT "Gear-based Continuously Engaged Variable Transmission" with current patents in Germany, France, the United Kingdom and the United States of America
<b>Computing</b>	Software development on note-keeping, accounting, staff rota and synchronization / backup
<b>Website development</b>	saintanastasiosclinic.com
<b>Photography and Video</b>	(educational / teaching)

## Professional Associations:

Organization / Field	title
Royal College of Surgeons of England	Fellow FRCS (Eng)
Royal College of Surgeons of England	Member of the Board of Examiners 2013 – 2018 and 2018 - 2023
Royal College of Surgeons of Edinburgh	Fellow FRCS (Ed)

Royal College of Surgeons of Edinburgh	Member of the Faculty of Surgical Trainers – MFST since 15/03/2016
American College of Surgeons	Fellow FACS since 16/10/2022
Cyprus Surgical Society	Ex President and current elected member of the board
General Medical Council	Registered
Pancyprian Medical Association	Member
Cyprus Association of General Practitioners	Member
Cyprus Medical Review Council	Member
Member of the Experts Committee	Cyprus Health Insurance Organization 20/2/23

## Awards / Distinctions

The Dickinson Trust Prize in Pharmacology	August 1981
The Medical Defense Union Nationwide Finalists	
Awards Competition on Medico legal Matters	May 1984

## Languages:

Greek	Fluent
English	Fluent

## Research and Publications

United States of America Patent US 9,027,427 B2 “Gear-based Continuously Engaged Variable Transmission” Granted May 2015

United States of America Patent Application 2010 US2010275712 (Published 4/11/2010)  
National Number 12667674

(<http://worldwide.espacenet.com/publicationDetails/biblio?CC=US&NR=2010275712&KC=&FT=E&locale=en> EP

European Patent Office (EPO) 2010 EP2171310 (Published 7/4/2010, Granted 1/12/2010)  
National Number 2007764309

(<https://data.epo.org/publication-server/getpdf.jsp?pn=2171310&ki=B1&cc=EP>)

PCT/WIPO WO2009/003426 (<http://patentscope.wipo.int/search/en/WO2009003426>)  
Gear-Based Continuously Engaged Variable Transmission.  
Published 8/1/2009

Economou P. Haemorrhoids – Give them a second chance? Gastroenterology and Digest Dis Open Access J. (2018); 1(1): 00001

## Refereed Conference Proceedings and Invited Speaker

16/11/2019	“Επαγγελματικά δρώμενα στη Κύπρο” (State of the profession in Cyprus). 14 <sup>th</sup> Cyprus / Greece Surgical Congress – Developments in Surgery
10-11 December 2016	“Feedback in Surgical Education”, “15 <sup>th</sup> Cyprus Surgical Congress” (International Participation)
12-13 December 2015	“Medical Education and Training of Medical Students in Surgery”, “12 <sup>th</sup> Hellenic and Cyprus Surgical Congress” (International Participation)
Panos Economou (2012)	"Papillary Carcinoma of the Thyroid - Surgical Management" , "13 <sup>th</sup> Cyprus Surgical Congress (international Participation)" , issue 1 - 2 December 2012, pp.38 - 39, Cyprus Surgical Society
10/10/2012	Invited speaker by the Ministry of Health of Cyprus at the meeting of the Chief Medical, Chief Dental and Chief Nursing officers of Europe, organized as part of the Presidency of the European Council by the Republic of Cyprus. I spoke about the link between primary and secondary health care.

## Invited Speaker in public media

I have given presentations on national television on multiple occasions on surgical topics which interest the public. For example I spoke about hernias on 30/10/2012 on MEGA channel and on the same subject on 25/06/2012 on RIK1 and on thyroid surgery on 19/01/2012 on RIK1

## Abstract Review Board Member

LEXIS organization since 13/05/2019

## Editorial Board Member

CASES Independent Peer-Reviewed Clinical and Medical Case Reports Journal	since July 2019
Gastroenterology and Hepatology: Current Research	since 13/05/2019
General Surgery: Open Access	since 06/02/2018
Journal of Clinical Gastroenterology and Digestive Disorders	since 17/01/2019
Archives of Gastroenterology and Hepatology	since 03/08/2020
Series of Clinical and Medical Case Reports and Reviews	since 14/11/2022

## **Other Scholarly Activities**

### **Organizing Conferences**

I am an elected member of the Council of the Cyprus Surgical Society and have been for many years and help organize a major Surgical Conference every year in addition to smaller educational events.

### **Organizing Examinations**

I am an examiner and I also supervise the organization and execution as the Host of the Royal College of Surgeons of England M.R.C.S. examinations at the University of Nicosia Medical School in October / November every year.

## **Experience**

### **Administrative**

I am the founder, director, head of surgery and administrator of Saint Anastasios Clinic – Centre for Laparoscopic Operations and General Surgery which is a small private hospital near the centre of Nicosia which has its own operating theatre, ward and outpatient clinics.

At the Medical School I represent the Clinical Faculty in the Faculty Affairs Committee. I am also a member of many other committees including the Clinical Academic Committee, CS and T year committee, P and F year committee, MD6, Placement Management Group.

### **Advisory**

I am the personal tutor of several students from all years.

I guide support and provide references to our graduates pursuing a surgical career.

I am a supervisor for PgCert candidates.

## **Teaching**

I deliver multiple teaching sessions each week at the Medical School. I mainly teach Surgery as the Lead and Chair of the Division and I also do some teaching in Anatomy.

On average, per month I deliver about 6 hours of lectures, 11 hours of small group teaching to groups of about 7 students, 40 hours of clinical teaching to groups of 2 students and 4 hours of Surgical Skills teaching to groups of about 18 students.

I also deliver teaching to surgeons and trainee surgeons in the various sites (Cyprus, Israel and USA) on how to teach our students.