

med.unic.ac.cy

MASTER OF PUBLIC HEALTH (MPH)



UNIVERSITY
of NICOSIA | MEDICAL
SCHOOL

THE UNIVERSITY OF NICOSIA MEDICAL SCHOOL OFFERS SEVEN PROGRAMMES OF STUDY:

UNDERGRADUATE MEDICAL PROGRAMMES

- Doctor of Medicine (MD), a 6-year undergraduate-entry degree
- Graduate Entry - Doctor of Medicine Degree (GEMD), a 5-year MD degree programme designed for those holding university degrees in any field
- MBBS, 4-year graduate-entry British medical degree awarded by St George's, University of London

GRADUATE MEDICAL PROGRAMMES

- Master of Science in Family Medicine for practising primary care physicians (MScFM)
- Master of Science in Health Services Administration (MScHSA) for career professionals
- Master of Public Health (MPH) for career professionals
- Doctorate in Medical Sciences (PhD) for research in all disciplines or specialties of medicine



UNIVERSITY OF NICOSIA

The University of Nicosia (UNIC) is one of the leading comprehensive research-oriented universities in the Mediterranean region, committed to teaching, research and innovation, sustainability, societal engagement and contribution to culture, hosting more than 14,000 students from over 100 countries.

UNIC conducts extensive high quality basic, applied, and interdisciplinary research that benefits society on a national and global scale. Our teaching and research staff excel in many academic disciplines and are acclaimed for their contribution to the creation and advancement

of knowledge and technology transfer, with a particular focus on emerging technologies of the Fourth Industrial Revolution and their impact on society.

The University's academic reputation and global outlook have been reflected in outstanding results in international rankings. Indicatively, UNIC has been recognised by Times Higher Education (THE) World University Rankings 2022 as being among the top 3% of universities in the world.



OUR VISION

The Medical School espouses the holistic concept of One Health, which emphasizes the relationship between the health of humans and animals within a healthy, sustainable environment. We aim to achieve excellence in teaching, research, community service and patient care.



OUR MISSION

We are committed to the provision of innovative, student-centred and high quality education, which is based on the best available evidence in current medical pedagogy. We are also committed to systematically fostering original research in the basic, clinical, social and behavioural sciences and to serving and improving the health of the population through outreach and patient care services.

We aim to produce competent graduates, who are committed to life-long learning, and who are equipped to pursue further training in their chosen field. They will be competent and successful practitioners, teachers, administrators and researchers. Our School's graduates make patient care their highest priority.



Student-centred education

We strive to maintain a supportive learning environment that promotes and encourages student interaction and feedback. The student-centred curriculum allows for the early development of clinical skills and reasoning, and promotes collaborative learning, critical thinking and reflection, skills that are essential for a career in medicine.



Excellence in teaching and research

We deliver teaching and conduct research of the highest quality and we equip students with the knowledge, skills and confidence to succeed in their chosen medical career path. This is achieved by means of the most up-to-date and quality assured curricula and assessments, which are implemented in a multicultural and supportive learning environment.



Excellence in patient care

We provide high quality primary care services based on a comprehensive, holistic and evidence-based approach.



Social Responsibility

We regularly and actively contribute to society through outreach events and other initiatives, with the support of our faculty, staff and students.



Professionalism

We adhere to the highest professional standards and we expect our students to demonstrate professionalism, both during and after their studies.



Equality and Diversity

We are committed to the promotion of equality and respect, and embrace the individual, social and cultural diversity of the student community.



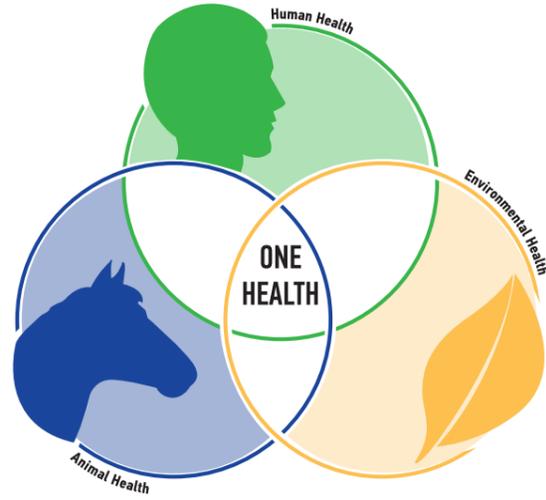
International Partnerships

We maintain successful partnerships with leading institutions, which enables the sharing of knowledge and expertise in medical education and research, while providing our students with opportunities to gain international research and clinical experience.

ONE HEALTH

The One Health philosophy recognises that the health of people is inextricably interconnected with the health of animals and our shared environment. Putting One Health into practice requires a collaborative effort between multiple disciplines—at local, regional and global levels—to achieve optimal health for people, animals and the environment.

The University of Nicosia’s Master of Public Health (MPH) programme operates within the One Health concept. Our vision for the MPH is to develop a new generation of public health leaders who promote cooperation among the human, animal, and environmental health communities in order to make a difference in their own communities, regionally and globally.



OVERVIEW

Public Health refers to all organised measures aimed at preventing disease, promoting health and prolonging healthy life. Its aim is to ensure a high standard of living and well-being for individuals and societies globally.

The University of Nicosia’s Master of Public Health (MPH) programme covers the main domains of Public Health Practice (Health Protection, Health Improvement, Health Services Provision) and offers the opportunity to specialise in a broad range of public health topics. The programme places a strong emphasis on global aspects of public health, as well as a focus on important public health issues in both developed and developing countries.

The curriculum is based on a dynamic approach, with continuous updating to address new and emerging issues threatening population health: climate change, armed conflict, forced migration, and pandemics. This programme has been carefully designed according to the standards of the UK Faculty of Public Health.

Also, our MPH programme equips candidates with core skills in Public Health practice such as the competence to carry out statistical analysis using statistical software packages such as STATA. A unique feature of our MPH programme is its international orientation: the programme is part of a Medical School with faculty, teaching hospitals and students from across the globe.



Christiana Demetriou

Assistant Professor of
Epidemiology and Public Health
MPH Programme Coordinator

“The current period in the Earth’s history is named the Anthropocene Epoch, to mark the profound influence that humans have on the planet’s climate and ecosystems. Within this era, the interplay between human health, environmental health and animal health, is undeniable, manifesting in epidemics of emerging zoonotic diseases, antimicrobial resistance, upsurge of chronic diseases, as well as in geologic, hydrologic and meteorological disasters.

This Master of Public Health degree emphasizes the concept of “One Health”, recognizing the interconnection between humans, animals and their environments. It is only through this recognition that we can fully equip students with the necessary knowledge and competencies so that they can contribute to efforts towards meeting the Sustainable Development Goal of “Good Health”. Our curriculum has been carefully designed to cover the main pillars of public health practice and research and is aligned with the UK Faculty of Public Health syllabus, ensuring the highest quality education.”



A fully online Master’s degree from the first university in the European Union to earn a 5-Star rating for online/distance learning



Addresses critical policy issues and public health challenges in developed and developing countries



Opportunity to gain a UK Faculty of Public Health qualification



Study full-time or part-time, flexibly and at your own pace



Ideal for working professionals and new graduates



Focus on public health disaster risk reduction, prevention, preparedness, response and recovery

MENTOR FOR SUCCESS



Dr Souzana Achilleos

Assistant Professor

"Public Health is an investment for a healthy and sustainable present and future, and the world is in need of Public Health professionals. UNIC provides the opportunity for working professionals and long-distance students to enhance and acquire knowledge on the different disciplines of Public Health through a state-of-the-art online/distance learning programme. Students interact with their mentor and with each other throughout the courses for a holistic understanding of the material. Our role as mentors is to support students in their journey to find an appropriate work-life-balance. As a mentor for the MPH programme, I am always encouraged to hear of students' success in developing skills and improving knowledge for advancement in their current profession."

STUDENT AND ALUMNI TESTIMONIALS



Rachel Beaulieu

Class of 2022

"I definitely recommend anyone who is interested in Public health, Epidemiology, Global health, or just wants to add a new perspective to their practice to apply for the MPH with UNIC Medical School!"

You will get supported by the entire administrative and academic team throughout your studies and will have all the necessary resources to succeed! It was a great experience and I had the necessary support to achieve my personal and academic objectives while learning from qualified and helpful professors!"



Jemal Yonis

Class of 2023

"I had previously worked for over a decade in the department of public health and epidemiology. However, since I started the MPH programme with the University of Nicosia, I started loving my profession more than ever before. It grew a confidence in my scientific skills, especially my ability to analyze public health related issues. In addition to this, the program continues to encourage and motivate me to further my education in public health and epidemiology."

CUTTING-EDGE ONLINE LEARNING

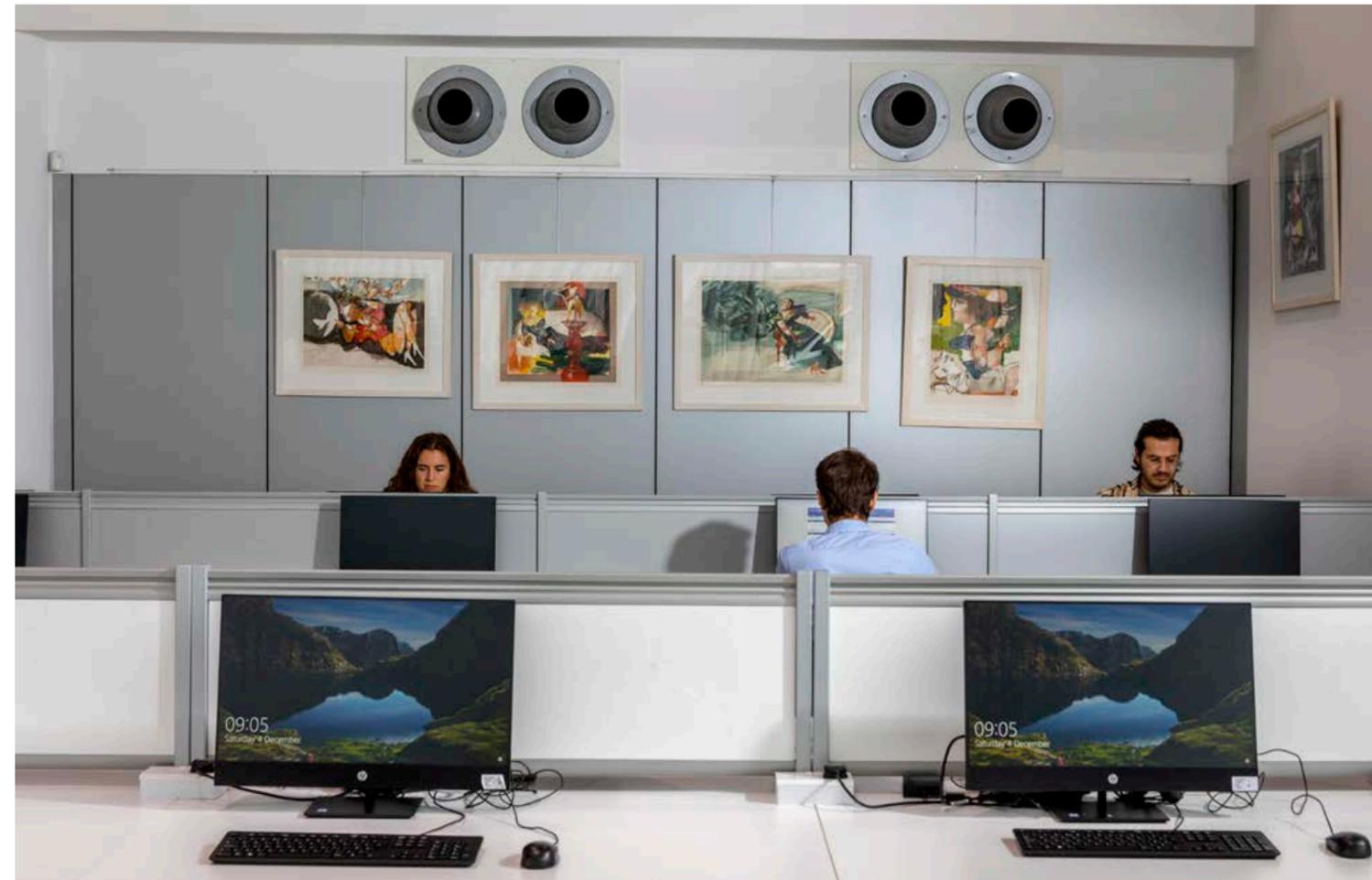
The programme is conducted completely online in an e-Learning Environment (Moodle) which includes multiple embedded synchronous and asynchronous learning activities such as webinars, online chats, discussion fora and wikis. In addition, recorded lectures are designed to enhance student interactivity and active learning by including slides with clickable tabs, interactive quizzes, drag-and-drop activities, matching activities and opinion polls.

Our programme follows standardised and validated pedagogical approaches, ensuring constant tutor - student interaction (webinars, online chats, discussion fora), student to student interaction (online chats, discussion fora, wikis), and student-material interaction (recorded lectures, additional resources.)

E-LEARNING EXCELLENCE

The University of Nicosia is a regional leader in distance learning education at the Bachelor and Master level. We use the most up-to-date technologies and state-of-the-art learning design theories to deliver our courses and we are the first university in Europe to have received a triple recognition (5 QS Stars, EADTU, EFQUEL) for excellence in online education. As a testament to the quality of our online programmes, our University has been awarded the highest accolades for e-learning and distance learning education excellence.

Moreover, UNIC is the first European university to be awarded a 5-Star rating for Online/Distance Learning and the 13th university in the world to receive such a distinction. In addition, UNIC received the highest distinction of 5-Stars in Teaching, Facilities, Inclusiveness, Social Responsibility and Internationalisation.



CRISIS MANAGEMENT (PANDEMIC, ENVIRONMENTAL, EMERGENCY)

The acquisition of crisis management skills enables students to respond effectively to adverse situations. Students explore crisis prevention at a local, national and international level as well as monitoring and support during and after an emergency.

For instance, in the case of the COVID-19 pandemic, essential elements of the programme include: knowledge on how pandemics spread within a population, evaluation of best practice in population protection, and measures which could limit such spread. This includes monitoring and managing the virus spread and containment across various levels from a workplace perspective to advising on national policy.



Anne Merewood, PhD, MPH

Visiting Associate Professor UNIC Medical School
Director, Center for Health Equity, Education, and Research
Associate Professor of Pediatrics, Boston University School of Medicine
Associate Professor of Community Health Sciences, Boston University School of Public Health

"This pandemic has highlighted vulnerabilities across global populations. As a public health practitioner, I discuss approaches to community health that are practical and achievable with limited resources, like in refugee populations in Greece. We can see how conflict, pollution and access to health care affects populations in urban and rural settings in every country, and we need creative problem solving for our ongoing public health challenges to serve the most vulnerable populations."



Create a better tomorrow. The MPH embraces the One Health concept



EU degree, recognized and accredited globally



Address critical policy issues and public health challenges in developed and developing countries



Review health policy reform and service delivery in periods of economic crisis and austerity



Programme flexibility and guidance provided for global working professionals throughout their studies



Direct access to faculty: thrive and find support with a personal mentor matched with students from day one



Accelerate your management knowledge with skills for tackling public health challenges: climate change, armed conflict, forced migration, and pandemics



Take advantage of lessons learned in epidemic and pandemic crisis management on a regional and global scale

INTERNATIONALLY RENOWNED FACULTY

To realise our vision of serving as a centre of excellence in health services administration education, we have brought together experts from around the world. Our faculty have extensive experience of teaching, working and conducting research in this exciting field and each course is taught by a leader in their field.



Kyriakos S. Markides

Professor of Aging Studies
Editor of the Journal of Aging and Health

"In an era of rapid development and population growth, it is essential that public health is a major priority for all governments globally, from the most developed countries to the least. Public health challenges are constant and complex, and there is a need for highly skilled and competent professionals to deal with these. I am excited to be involved in the University of Nicosia Master of Public Health, a programme designed with the aspiration of educating the next generation of public health professionals locally, regionally and globally."

FLEXIBLE LEARNING TAILORED TO YOUR NEEDS

Our dynamic programme is tailored to the needs of full-time working professionals and new graduates. By choosing the number of courses per semester, students have the opportunity to establish their own time schedule, study pace and workload.

In addition, the distance learning mode, comprising online interactive lectures, tutorials, activities, and assignments, allows study outside normal working hours, as well as autonomy and control.

The MPH programme is delivered over 3 semesters (18 months full-time, or up to 4 years part-time) and features 6 core courses and a choice of one of two paths.

UK Faculty of Public Health Part A Exam

The MPH programme has been designed with the FPH Part A curriculum in mind, and the learning outcomes correlate to a large extent with those of that exam.

Students who pass the FPH Part A exam are demonstrating a professional level of knowledge and understanding of the scientific basis of public health, as well as their ability to apply their knowledge and skills to the practice of public health. Success in the Part A examination also leads to election into Diplomate Membership of the Faculty.



Path 1

Students may complete three out of the six elective courses, giving them the opportunity to gain further in-depth knowledge in specialised areas of public health, environmental health and occupational health.



Path 2

Allows students to pursue a health-related research project while drawing on knowledge and skills gained from the programme.



FACULTY OF
PUBLIC HEALTH

99.8% **200**
 HAVE BEEN OFFERED MEDICAL CENTRES
 POSITIONS AT OVER AROUND THE WORLD

MEDICAL SCHOOL GRADUATES' SUCCESS RATES TO DATE



ADMISSIONS REQUIREMENTS



A Bachelor's degree from an institution recognised in the country where it operates. A degree in a health or business related field is an advantage



One reference letter, either academic or professional



If English is not your first language and you have not earned a degree taught in English, an IELTS score of 6.5 overall and no less than 6.0 in each of the sub-test components or an equivalent test



A personal statement describing your educational and, if applicable, professional background and explaining how this degree would support your career ambitions

STUDENT OUTCOMES

Our multidisciplinary curriculum focuses on current and emerging issues in the global healthcare industry and prepares graduates to tackle real world challenges in leadership positions at the local, national and international level. Upon graduation, they will be able to pursue or further their career in a multitude of settings, such as hospitals, pharmaceutical companies, insurance firms, health departments, biotechnology firms, start-ups and more. Specifically, graduates can manage and lead healthcare organisations and units through critical evaluation of the industry, efficient operational management, prudent financial planning, and effective human resource management. Within our international medical programmes, our graduates have a 99% career placement rate. The strong emphasis on innovation and technological advancements enables graduates to provide vision and initiate strategic change in healthcare organisations.

TUITION COSTS

Tuition is €12,060 with scholarships available for those qualifying. All candidates for the 2022-2023 cohort are eligible for a 20% scholarship. Moreover, candidates may apply for need-based and merit-based scholarships corresponding to up to 40% of tuition fees.

There are additional tuition grant considerations for applicants residing in the EU and for residents in low income countries with instalment plans available. Our Admissions Advisors can provide more details.

ACADEMIC PATH

The programme is divided into three semesters, comprising three courses each (10 ECTS per course). Core courses are taught in semesters 1 and 2 and are compulsory. After completing the core programme, students may choose three (out of seven) elective

courses (10 ECTS per course) in semester 3, or they may follow a more research-oriented path by undertaking a Research Methodology course (10 ECTS) and a Master's Thesis (20 ECTS)

FIRST SEMESTER	
(30 ECTS, all courses required)	
Course code/Title	
MPH-511	Principles of Epidemiology and Public Health
MPH-512	Applied Statistics for Epidemiology and Public Health
MPH-521	Epidemiology and Prevention of Chronic and Infectious Diseases in a Global Context

SECOND SEMESTER	
(30 ECTS, all courses required)	
Course code/Title	
MPH-513	Health Protection and Promotion: Safeguarding and Maintaining Wellbeing in Populations
MPH-531	Environmental and Occupational Health
MPH-523	Health Economics in the Context of Health Services and Systems: Global Perspectives

THIRD SEMESTER	
(30 ECTS, students are required to choose from the two options offered)	
Option 1	
MPH-590	Research Methodology in Public Health
MPH-596	Research Project (Master's Thesis)
or	
Option 2 (3 elective courses are chosen from the following)	
MPH-522	Health Policy Management and Leadership
MPH-532	Health Inequality within and between countries
MPH-533	Population Ageing and Health
MPH-534	Public Health Nutrition
MPH-535	Social and Behavioural Dimensions of Health
MPH-536	Ethical and Legal Dimensions of Public Health
MPH-590	Research Methodology in Public Health

DISCLAIMER

Every reasonable effort has been made to ensure that the information contained in this brochure is correct and accurate at the time of printing (September 2022). In the event of discrepancy between the print version and information provided on the Medical School's website, the web version will apply. The Medical School will make every

endeavour to deliver the MPH as described in this brochure. However, changes may be necessary at times. The Medical School reserves the right to make changes to the content or methods of programme delivery. The Medical School reserves the right to change, without notice, any information about the services contained in this brochure.



93 Agiou Nikolaou Street
Engomi, Nicosia 2408, Cyprus
Tel(Admissions):+357 22471999
Email: admissions@med.unic.ac.cy
Web: med.unic.ac.cy