

**Academic Personnel Short Profile / Short CV**

<b>University:</b>	University of Nicosia
<b>Surname:</b>	Varounis
<b>Name:</b>	Christos
<b>Rank/Position:</b>	Clinical Assistant Professor in Cardiology
<b>Faculty:</b>	Medical School
<b>Department:</b>	Primary Care and Population Health
<b>Scientific Domain:</b>	Cardiology/Biostatistics & Epidemiology

**Academic qualifications**

Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD in Medicine	2006	University of Athens, Greece	Medical School	
Executive MSc in Health Economics, Outcomes & Management in CV Sciences	2017	London School of Economics, London, UK	Department of Health Policy	
MBA	2020	European University of Cyprus, Nicosia	School of Business administration	
MSc in Health Sciences, spec. Clinical Epidemiology	2015	Erasmus MC, Rotterdam, Netherlands	NIHES/Department of Epidemiology	
MSc in Biostatistics	2008	University of Athens, Greece	Medical School	
Medical Degree	2000	University of Athens, Greece	Medical School	

**Employment history in Academic Institutions/Research Centers**

Period of employment	Employer	Location	Position
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From	To			
2018	2020	European University Cyprus	Nicosia, Cyprus	Research Collaborator
2008	2020	University of Western Attica	Athens, Greece	Research Collaborator
2007	2011	Attikon University Hospital	Athens, Greece	Fellow in Cardiology

**Key refereed journal papers, monographs, books, conference publications etc.**

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2021	The Role of Exercise Doppler Echocardiography to Unmask Pulmonary Arterial Hypertension in Selected Patients with Systemic Sclerosis and Equivocal Baseline Echocardiographic Values for Pulmonary Hypertension.	Rallidis LS, Papangelopoulou K, Anthi A, Tsangaris I, Makavos G, Konstantonis D, Vlachoyiannopoulos P, Orfanos SE, Iliodromitis EK.	Diagnostics (Basel).	11(7)	1200
2	2018	Metabolomics for improving pregnancy outcomes in women undergoing assisted reproductive technologies	Charalampos S Siristatidis, Eleni Sertedaki, Dennis Vaidakis, Marialena Trivella	Cochrane Database Syst Rev	3(3)	CD011872
3	2017	Cardiovascular Hypertensive Crisis: Recent Evidence and Review of the Literature	Katsi V, Nihoyannopoulos P, Lekakis J, Tousoulis D.	Front Cardiovasc Med	3	51
4	2016	Prevalence of metabolic syndrome and association with burden of atherosclerotic disease in patients with stable coronary artery disease	Rallidis LS, Franco OH, Lekakis J.	Curr Med Res Opin.	32	1175-81
5	2015	Depressive symptomatology in patients with metabolic syndrome: A cross-sectional	Rallidis LS, Franco OH, Kotakos C, Lekakis	Eur J Intern Med	26(9)	e54-5

		study of stable coronary artery disease patients				
6	2015	Amyloid-beta (1-40) and the risk of death from cardiovascular causes in patients with coronary heart disease	Stamatelopoulos K, Sibbing D, Rallidis LS, Georgiopoulos G, Stakos D, Braun S, Gatsiou A, Sopova K, Kotakos C, Tellis CC, Kastritis E, Alevizaki M, Tselepis AD, Alexopoulos P, Laske C, Keller T, Kastrati A, Dimmeler S, Zeiher AM, Stellos K.	J Am Coll Cardiol	5(9)	904-16
7	2014	Effect of CPAP on blood pressure in patients with obstructive sleep apnea and resistant hypertension: A systematic review and meta-analysis.	Katsi V, Kallikazaros IE, Tousoulis D, Stefanadis C, Parissis J, Lekakis J, Siristatidis C, Manolis AJ, Makris T.	Int J Cardiol	175(1)	195-8
8	2011	Impact of dronedarone on the incidence of stroke in patients with paroxysmal or persistent atrial fibrillation. A Systematic Review and Meta-Analysis of randomized trials.	Dagres N, Varounis C, Iliodromitis EK, Lekakis JP, Rallidis LS, Anastasiou-Nana M.	Am J Cardiovasc drugs	11(6)	395-400
9	2012	Lipoprotein-associated phospholipase A2 (Lp-PLA2) bound on high density lipoprotein is associated with lower risk of cardiac death in stable coronary artery disease patients: a three year follow-up.	Rallidis LS, Tellis CC, Lekakis J, Rizos I, Charalampopoulos A, Zolindaki M, Dagres N, Anastasiou-Nana M, Tselepis AD	J Am Coll Cardiol.	60(20)	2053-60.
10	2011	Mild depression versus C-reactive protein as a predictor of cardiovascular death: a three year follow-up of	Rallidis LS, Sourides V, Charalampopoulos A, Kotakos C, Liakos G, Dagres N, Apostolou T, Anastasiou-Nana M.	Curr Med Res Opin	27(7)	1407-13.

		patients with stable coronary artery disease				
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<b>Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees.</b>				
<b>Ref. Number</b>	<b>Period</b>	<b>Organization</b>	<b>Title of Position or Service</b>	<b>Key Activities</b>
1	2008-now	Frontiers in Cardiovascular medicine	Review Editor	Reviewing papers submitted to Cardiovascular Epidemiology and Prevention journal

<b>Awards / International Recognition</b>			
<b>Ref. Number</b>	<b>Date</b>	<b>Title</b>	<b>Awarded by:</b>
1	2015	Scholarship	European Heart Academy/European Society of Cardiology
2	2014	Scholarship in advanced cardiac imaging	Hellenic Cardiological Society, Greece
3	2012	Fellowship	Netherlands Institute in Health Sciences, Erasmus MC